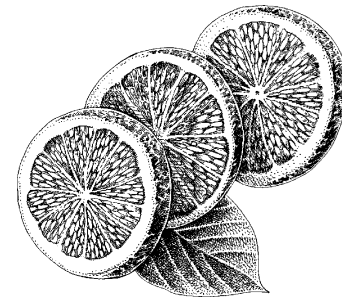




Orangevale Branch 150

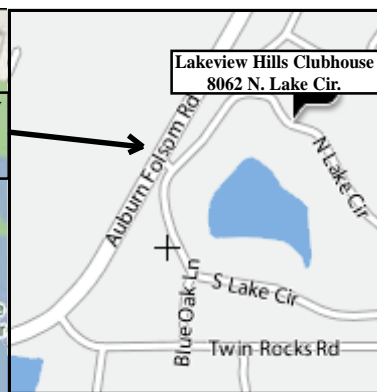
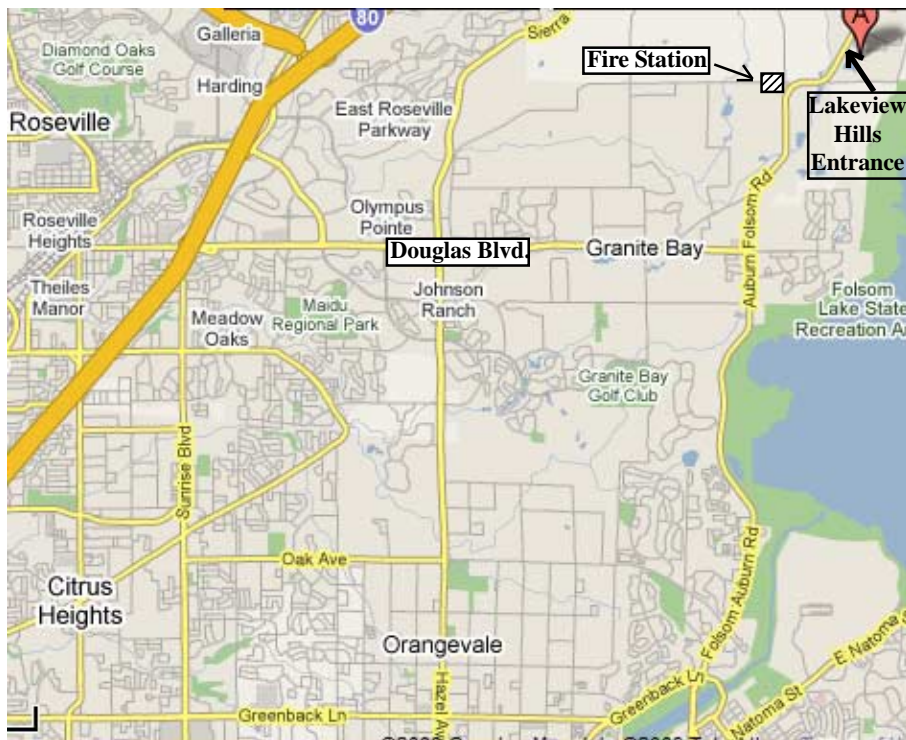


State SIR website: www.sirinc.org
 Branch 150 website: www.sir150.com
 Branch 150 editor: Bob Carlstroem - carlstroem@sir150.com

May 2011

Meetings - 3rd Wednesday of Each Month		Next Meeting - May 25, 2011
Location	Regular Monthly Schedule	What's Happening
Rancho Cordova Elks Lodge 11440 Elks Circle Rancho Cordova, CA 95742	Business meeting 10:30 Social time/registration 11:00 Meeting/luncheon 11:30	Provided: Burgers, dogs, condiments, beer, wine, soda, etc. What to bring: Your favorite side dish, salad, dessert, hors d'oeuvres Topic: Got an idea? Write it down!

Our meeting this month is May 25 Let's Party!
11:00 Social hour and contests----12:00 BBQ---1:00 Bingo and Raffle for the ladies



Directions

- From Douglas Blvd. heading east, turn left on Auburn-Folsom Rd.
- After approximately 1.6 miles you will see a fire station on your left.
- About 0.5 miles further you will pass Twin Rocks Rd. on your right.
- The next right turn will be into Lakeview Hills.
- Turn left on North Lake Circle and watch for the entrance to the clubhouse on your right.

Ladies don't forget to bring your favorite dish.
 Use the following as a guide only.
 Last name begins with:
 A - D Side Dish
 H - L ... Hors de Orves
 M - R Salad
 S - Z Dessert

There is still time for those who have not yet signed up.
 Contact one of us for the details and/or tickets as soon as possible.
 The cost is \$10 pp

Jerry Courter: 916-353-0715
jcourter2@yahoo.com or
 Don Severance: 916-961-6668

Branch 150 Executive Committee			Branch 150 Committee Chairmen					
Big Sir	John Duffy	567-9940	Attendance	Norm Green	723-0973	Membership	Jim Rae	967-4951
Little Sir	Fred Teron	451-0667	Booster	Owen Denman	683-0252	Newsletter Editor	Bob Carlstroem	791-3608
Secretary	John Yosgott	966-1725	Bowling	Tom Bittner	723-1497	Nominating	Jim Dodge	638-2394
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	Tom Bittner	723-1497	Nom. Asst.	Chuck Reed	363-8406
Treasurer	Ralph Tomson	354-2236	Chaplain	Joe Ramay	635-1158	Nom. Asst.	Stan Wirth	362-1748
Asst. Treasurer	Tinker Qualls	719-5119	Communications	Bob Neubacher	685-7528	Quartermaster	Walt Nauer	966-3588
Director	Jim Dodge	638-2394	Comm. Asst.	Ralph Tomson	354-2236	Recruiting	Jim Dodge	638-2394
Director	Chuck Reed	363-8406	Fishing	Bob Bonner	961-5403	Social Affairs	Jerry Courter	353-0715
Director	Stan Wirth	362-1748	Golf	Harold Doppelmayr	922-6134	Social Affairs	Don Severance	961-6668
Director	Jerry Courter	353-0715	Golf Asst.	Brent Soulis	726-6326	Travel & Events	Bill Hooper	988-6880
Director	Don Severance	961-6668	Greeter/Pub Relations	Bill Ferreira	635-6093	Webmaster	Bob Carlstroem	791-3608
Director	Len Bloom	961-2225	Historian	Doug Hilton	363-8751			
			State President	Robert Mannell	(408) 264-7121	Director Region 2	Ralph J. Lingis	(916) 933-5561
						Governor Area 31	Bob Carlstroem	(916) 791-3608

Spotlighted Sir

By Bruce Kennedy



Ernie Wells was born the day after Christmas in 1947. His dad ran the big machines at International Paper, and Mom chased after four boys and a daughter on the Gulf Coast at Pascagoula, Mississippi. Ernie is the middle child. While growing up, he encountered lots of exposure to water. The family frequently was at Dolphin Island, one of the barrier islands off the coast. Every stream and lake was also fair game. Fishing and water skiing were family staples. Frequent trips to visit extended family were also in the mix. Ernie graduated from Moss Point High School in 1966. He was the football QB, a pitcher for the baseball team and on the track squad. No basketball. Ernie tried out for Delta State and made the team with a full scholarship as the kicking specialist for four years. He also pitched on the baseball team until he tore up his shoulder in his sophomore year. His football team once played Louisiana Tech against Terry Bradshaw in 1967. (Bradshaw threw 5 TD's.) Ernie received letters from the Bengals, Cowboys and Raiders as a "prospect" upon graduation.

After graduating from Delta with a BS in biology and chemistry, Ernie applied to be accepted into the Air Force OCS program. However, he received his draft notice prior to acceptance. The Air Force quickly hustled him in as an enlisted recruit. So he was in Air Force basic training before the Army process could occur. He then transferred to OCS at Lackland, AFB and was commissioned in May 1971. After two brief stops he arrived at the Navigation School at Mather Air Force Base. That fall he met his wife to be, Stephanie. They married in July 1972 squeezed between survival classes in Spokane, Florida, the Philippines and Ernie's training in C-130's. His first assignment was "CCK" AFB in Tai Chung on the Island of Taiwan which was considered a "remote" tour and wives were not expected to go. Stephanie went anyway and they lived off base. Ernie's missions covered almost all of South Asia. There were 150 air crews at the base. They returned stateside in September 1973 where Ernie transitioned from C-130's to KC-135's at Castle AFB in Merced. After qualifying, they moved back to Spokane. In 1976 Ernie's daughter was born. That year his crew won best crew for the best unit in a competition leading to a return to Castle (and back to California) in 1977 as an advanced instructor. Here Ernie met **Dan Barthel**. In 1978 Ernie transitioned to the reserves at Mather AFB and remained flying there until his retirement in December 2002.

The family added a son in 1984. He is currently attending college in the area after a five year hitch in the Navy. He holds a railroad engineer certificate. Ernie's daughter lives in Ripon, teaches in Tracy, and is married to a Stockton police officer. Ernie's family has continued to take extended road trips including through Canada, New Mexico, Arizona's Grand Canyon, and of course, flights back to Pascagoula. They really enjoyed a stay at the Lodge in Yellowstone Park. He and Stephanie have also started cruising. They also took a great trip to Europe for their daughter's wedding in the American Church in Paris. They extended their stay and did some touring. I think it is safe to say that Ernie's current number one hobby is golf and that is how Dan, his sponsor, snagged him for SIR Branch 150.

Of Course You (Fishermen) Know!

Of course you men know if you asked a fish what bait they preferred you would have to drop them a line. It is time for those sleeping fish to wake from their 'river bed.' May is here and May brings "Mayflies." If there is one aquatic insect that is always associated with "Fly Fishing," that insect would be the mayfly. About 2,500 species are known worldwide, including about 630 species in North America. Common names for mayflies include mays, dayflies, shadfly, Green Bay fly, upwings, duns, dippers, spinners, lake fly, fishfly, midgee, and jinx fly.

In the early stages, mayflies are water-dwelling. Eggs are usually deposited on a water surface and settle to the bottom where they hatch into naiads (aquatic nymphs). These naiads spend a year or two feeding on plant material and small aquatic animals. When they are mature, the entire generation emerges from the water as adults, often within the span of a couple of weeks. They emerge as an immature winged adult, and then are called, "duns," by the fishermen. Mayflies in this stage are a favorite food of many fish, and many fishing flies are modeled to resemble them. It soon sheds another skin to become a clear-winged mature adult called a "spinner." Once mayflies have molted into spinners, they usually gather in swarms over the river to mate. When they are finished mating they usually fall dead- or "spent"-on the water. These insects have a technical name, Ephemeroptera, which translates into the phrase, "lives but a day." These insects emerge from their underwater world without mouthparts and therefore can't eat. Now, you know why they live only but a day. As mature adults, they have only one goal which is to reproduce. Surviving only one or two nights, there is no time for romance. During that time the adults mate in swarms in the air. This event is called a "hatch" and is the situation all fly fishermen search and hope for on streams. The major mayfly hatches take place from March to November in the trout waters of the southern states, and even a shorter period in the Northern trout waters, with the prime months being in May, June, and July. At this point a boat begins to look like a floating porcupine with at least 25 rods. However, as a female I learned the best way to catch a fish is to have someone throw it at you. These insect orgies can be so large they can be detected by Doppler radar and can even stop traffic. I'm sure the weatherman predicted a light to moderate hatch! The mayflies are also attracted to lights. Night flying insects evolved to navigate by the light of the moon. By keeping the moon's reflected light at a constant angle, the insects can maintain a steady flight path and a straight course. Since the light bulb radiates light on all sides, the insect simply cannot keep the light source at a constant angle, as it does with the moon. It attempts to navigate a straight path, but ends up caught in an endless spiral dance around the bulb, according to Debbie Hadley. Oh goodness, this leads into a blonde joke: Why did the blonde have blisters on her lips? She was trying to blow out the light bulbs.

Mayflies are routinely used for monitoring water quality. Some mayfly species are very sensitive to pollution, heat, and low oxygen that the water might contain. The sudden disappearance of mayflies is likely due to some change in the water quality. Mountain top mining is controversial since tons of rock are removed from the tops of mountains and debris often covers streams and fills low lying areas. In 2009, the US EPA instituted a requirement for mayfly protection before surface mining permits would be issued. Mayflies are now the "canary in the coal mine" of water quality. Of course you fishermen know that fish have other problems too- such as running into the cement wall and saying, "Oh Dam!" Hopefully, this article has made it clear that "live bait" may be your biggest catch of the day!

Hey Ladies!
The book exchange
will be at the picnic!
Bring some books - take some books

GOLF NEWS

Call **Harold Doppelmayr** at 922-6134 or his assistant **Brent Soulis** at 726-6326 if you have questions or concerns. Tournament sign-ups are available at www.sir150.com or at each monthly luncheon and at all tournaments.

Cordova Golf Course

Weekly Tournament Play

Every Friday except the last Friday of the month. Sign-up when you show up. The last Friday of each month (except Dec & Jan) is designated as a Scramble

Tournament for which sign-ups are required.

2011 Away Tournaments

May 3 (Tue) Empire Ranch - 9:00	Aug 16 (Tue) Mather - 9:00
May 17 (Tue) River Oaks - 9:00	Sep 6 (Tue) Woodcreek - 9:00
Jun 7 (Tue) Plumas Lake - 9:00	Sep 20 (Tue) Teal Bend - 9:00
Jun 21 (Tue) Wildhawk - 9:32	Oct 4 (Tue) Cavanaugh - 9:00
Jul 5 (Tue) River Oaks - 9:00	Oct 18 (Tue) Mackenzie - 9:22
Jul 18 (Mon) Ancil Hoffman - 9:00	Nov 1 (Tue) Wildhawk - 9:00
Aug 2 (Tue) Diamond Oaks - 9:00	Nov 15 (Tue) Bing Maloney - 9:00

Sandbaggers of the month



Don Hoerl has earned 1 ½ bags of sand for a net 63, 9 under par on the par 72 Micke Grove course. **Don Hoerl** also gets another bag for his eagle 2 on the 15th hole at Cordova to go with his net 58. **Dick Wheeler** has 1 bag of sand for a net 64, 8 under par at the par 72 Alister Mackenzie course. **James Gould** also has a ¼ bag of sand for his net 58 at Cordova.

Poppy Hills qualifier

The participants of the 2011 qualifier at Wildhawk on May 23rd are: **John Sigl, Jim Dodge, Dick Wheeler, Jim Rae, Fred Teron, Brent Soulis, Chuck Reed, Len Bloom, John Yosgott**. Good luck to all and may the golf god smile on your putters.

Inaugural Catch the Spirit Charity Golf Tournament

This tournament, supporting Veterans and their families, will be played at Mather Golf Course on June 6. Make your own foursome. There are no restrictions on group handicaps. Each foursome will be joined by (a local active duty/guard or reserve service member). Each team will be given a team handicap determined by their individual team members handicaps. The cost per player is \$125 or \$500 per foursome. For further information contact **Ron Howell** at 363-0929 or e-mail at rhowell814@comcast.net or Robert Brotherton at 916-985-0939.

BRIDGE and BOWLING NEWS

For detailed information related to bridge or bowling meetings and schedules, contact Tom **Bittner** at 723-1497 or at joanbittner@yahoo.com

Bridge: This month we had two tables. The winner was **Dorothy Odehnal** and second was **Doug Hilton**, third was **John Means**.

Bowling: The last day of league bowling will be on April 27. I'll have the final results on the next report.

FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Cordova Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM.

If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact **Bob Bonner** at 961-5403

The Folsom Lake Derby was cancelled due to rain, wind and debris. The NDO at Collins Lake was well attended and fun for all. The foot hill lakes are beautiful this time of year. The Derby and the NDO are both scheduled for fishing at Lake Oroville. Should be good fishing for trout, kokanee and coho salmon. The Shasta trip is all planned and ready. The lake should be close to full again this year. Life Is Good! The JOLLY HOOKERS are just that.

MEMBERSHIP NEWS

For detailed information contact **Jim Rae** at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from james.rae@att.net.

An application from **Gary Cowden** for membership was approved. We now have 108 Active members and 15 Inactive members for a total of 123. We need at least one new member each month just to replace our aging brethren so keep bringing in guests who receive a free meal on their first visit.

TREASURER'S REPORT

For detailed information contact **Ralph Tomson** at 354-2236 or rotomson@att.net

Beginning cash balance January 1, 2011	\$840.35
Cash receipts year to date	5,032.82
Disbursements year to date	5,377.39
Ending cash balance April 30, 2011	\$494.98
April luncheon attendance totaled 67 members and 1 guest.	

BOOSTER REPORT

Good news, sad news, or interesting news about our members should be sent to Owen Denman at owen.denman@gmail.com, 683-0252 (hm) or 947-0897 (cell)

On the good news side **Roy Morrison** was able to join us at the April meeting. **Charlie Martin** is still fighting the sciatic nerve problem, making it very hard to get around. **John Sigl** visited the hospital in March, but by the time I got the word he was already back up and about and made the April meeting. Keep in touch with these folks and send your best wishes. It always helps to hear a friendly voice during trying times.

Not much to report this month. Please keep me posted on both good news and sad news items from our members, and I will try to send our collective best wishes. Thank you for your support.

Cal's Garden



Last month Cal mentioned some plants that could be started with our cool days and nights. Also mentioned previously was soil preparation. Well now it is time to plant. The first thought are tomatoes. Some of the common varieties are Celebrity, Big Boy, Better Boy, Ace, Beefsteak, Beefmaster, etc. But here are a few you may not have heard of that you might want to try. These are: Whooper FNT, Bull Heart, Black Cherokee, Black Prince, Caspian Pink, and Mortgage Lifter. They are some of Cal's favorite. You probably (certainly) won't find them at Walmart or The Home Depot. You may have to venture on down to your favorite nursery to find them. Nurseries tend to be a bit more expensive, but you might be surprised, especially since the home improvement stores are more frequently selling single plants vs 4 or 6 packs that are more prevalent at the nurseries. Another, easy to grow vegetable are bell peppers. Lesser known, but excellent sweet peppers are Bell Boys and Yollo Wonders. As mentioned before, sweet peppers like early and midday sun. The afternoon blast can burn the fruit so it is a good idea to shield these by taller plants such as tomato plants. Other relatively mid chili peppers are Anaheim and Pablano. Anaheim become a bit more spicy if allowed to turn red. Both are better if their skin is removed. A simple trick with Anaheims is to take a propane torch to them to blacken the skin. Place each in a bag after "torching" cut in half, remove the seeds and spline, then scrape the blackened skin off with a sharp butcher knife. This method allows you to further cook the pepper if you wish or use as is. Try this pepper in a grilled chicken breast sandwich with avocado and a little cheese. You'll want to grow them each year!

Big & Little Sir Tidbits



Big Sir John Duffy

Tid-bit (ca. 1640) 1: a choice morsel of food 2: a choice or pleasing bit (as of information). Sometimes I like to explore the meaning of words, especially as they relate to things I write or speak, as in Big & Little Sir Tidbits for our newsletter. Having started down this road I see now that the choice morsel of food clearly speaks to our May Ladies Day picnic when we cook up burgers and hot dogs and the ladies bring a plethora of worldly taste delights to please our palates. If you haven't already purchased your tickets please give **Don Severance** or **Jerry Courter** a call to let them know you want to join in the fun –it's only \$10 per person. The date is Wednesday, May 25th. This is also an opportunity to invite a prospective member to see another side of SIR activities. Now as to a bit of choice or pleasing information I didn't have such a quick and easy thought spring forth, so I'll just go with the SIR day at the Sacramento River Cats baseball game – coming up on Monday, May 9th. You can get all the information on-line at <http://sirinc.org/sirhappenings/> as to time, location, opponents and costs, as I am only charged to give you a "tid-bit". Take yourself out to the ball game – buy yourself some peanuts and cracker jacks and Root! Root! for the home team.



Little Sir Fred Teron

At long last it seems that Spring has really sprung-the sun is making its appearance regularly, the rain seems to be gone, the golf courses are getting into shape, the lakes are full, the grass is growing, the weeds are plentiful and the garden is begging to be planted. It is time to once again enjoy the great outdoors which brings me to this year's annual SIR's picnic. What a great way to enjoy a day in the warm sunny weather. This has always been a terrific event for our members, their wives or women friends. Where else can you go for an afternoon of delicious food, plenty to drink, games and the conversation of good friends for just \$10.00? Jerry and Don have put a lot of time and effort into this event. So lets show them our appreciation by attending. This may be a great way to introduce a prospective new member to our group. I hope to see you all there on May 25th. Just check the map in this newsletter for directions.

Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746



Honored Members

- Past Big Sirs**
- 1989 George Erkson *
 - 1990 Jim Eastlund *
 - 1991 John Mahony *
 - 1992 Lou Parton *
 - 1993 Ken Allard *
 - 1994 Ruel Smith *
 - 1995 Bill McCarthy *
 - 1996 Tom Wirth *
 - 1997 John Means
 - 1998 Jim Delk
 - 1999 Bob Smith
 - 2000 Bob O'Neal
 - 2001 Lou Joaquin *
 - 2001 Joe Ramay
 - 2002 Bob Trathen
 - 2003 Jim Rae
 - 2004 Len Bloom
 - 2005 Don Severance
 - 2006 Bob Carlstroem
 - 2007 Jerry Courter
 - 2008 Stan Wirth
 - 2009 Chuck Reed
 - 2010 Jim Dodge

- Senior Sir**
- Tom Bittner 2010
- Honorary Life Member**
- Jim Rae 2007
 - Don Severance 2010

Birthday Boys

Jack	Delbert	May-10
Boles	James W	May-27
Boyd	Joseph T.	May-27

Interestingly for 2010, in the US, the month with the highest birth rate was August with the lowest in April. For Branch 150 the highest is a tie between April and November and the lowest is in May

Golf Balls

A man entered the bus with both of his front pockets full of golf balls and sat down next to a beautiful blonde.

The puzzled blond kept looking at him and his bulging pockets.

Finally, after many such glances from her, he said, "It's golf balls."

Nevertheless, the blonde continued to look at him for a very long time, deeply thinking about what he had said. After several minutes, not being able to contain her curiosity any longer, she asked...

"Does it hurt as much as tennis elbow?"

NON RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

PAYMENT FOR TRIPS AND TOURS: Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

ATTENDANCE: Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).