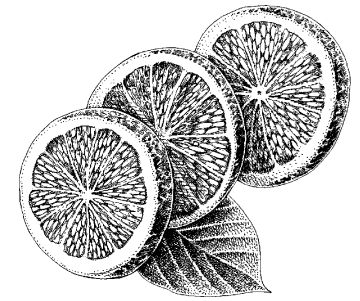




# Orangevale Branch 150



State SIR website: [www.sirinc.org](http://www.sirinc.org)  
 Branch 150 website: [www.sir150.com](http://www.sir150.com)  
 Branch 150 editor: Bob Carlstroem - [carlstroem@sir150.com](mailto:carlstroem@sir150.com)

## March 2011

Meetings - 3rd Wednesday of Each Month		Next Meeting - March 16, 2011	
<b>Location</b>	<b>Regular Monthly Schedule</b>	<b>What's Happening</b>	
Rancho Cordova Elks Lodge 11440 Elks Circle Rancho Cordova, CA 95742	Business meeting 10:30 Social time/registration 11:00 Meeting/luncheon 11:30	Menu:	Chicken Cordon Blue, Rice Pilaf, Vegetable, Salad, Dessert
		Speaker:	Chuck Real, California Geological Survey
		Topic:	California Earthquakes

### Big & Little Sir Tidbits



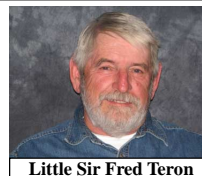
Big Sir John Duffy

As I sit here at the computer on this rained-out scramble Friday it's hard to imagine that spring is "just around the corner" - daylight savings time starts in just over two weeks, college basketball (aka March madness), baseball spring training and a host of other warmer weather activities are beckoning to us.

And it's in that "looking forward" mode that the State SIR offices are again pushing hard to increase our membership to at least hold the line if not reverse recent declines in numbers. Jim Dodge did a good job last year of motivating you to bring in your friends. So I want to take this opportunity to push you a little with a more detailed description of the prizes I am offering to encourage you to invite a friend to lunch.

Two hand caught California spiny lobster tails, fresh frozen and ready for you to BBQ or broil. Just add a fresh green salad, french bread, a side of rice and a glass of your favorite white wine. You'll be in heaven. Or, should you prefer snails to tails how about 4 hand sliced, pounded (tenderized) red abalone steaks - a seafood so rare these days that you can't buy any wild caught abalone in the state. I'll include a recipe and directions that will produce a delightful dinner - just add the same sides as for the lobster and viola, you'll be back in heaven. First place winner gets the choice of which prize to take.

On top of all that, Jim Marta, golf pro at Cordova has donated a round of golf for four, including carts. I'm not sure if that will go as one of three choices or will be a bonus to the top recruiter. So, now you all have something to look forward to as you join me in building for a stronger Branch 150.



Little Sir Fred Teron

March is finally upon us! Maybe with the "Luck of the Irish", the weather will be great for the Spring activities. I'm looking forward to working in the yard, hearing the crack of the baseball bat during spring training, and especially a nice sunny day on a dry golf course and "NO MORE RAIN, let's hope."

Thanks to John Ramos for solving the score card dilemma by supplying us with a "safe" box for our cards. Hope to see you at our next luncheon. Our speaker comes highly recommended by other SIRS branches so should prove to be informative and interesting. Living in California, the subject of earthquakes is a concern of us all. Don't forget that the member who recruits the most new members will receive his choice of fresh lobster or abalone, and a round of golf for 4 at Cordova Golf Course.

Since our luncheon is the day right before St. Patrick's Day, I have chosen to have something else this year. We will be enjoying Corned Beef later in this year.

### Just a little Reminder

Our ladies day SIR 150 Picnic is coming up, so don't forget to plan for the event. We will have the picnic May 25 this year. Mark your calendar since it is a week later than our normal meeting.

We are planning to keep the price at \$10.00 per person again this year, and the tickets will go on sale at our April meeting

We have some great activities with lots of food and fun. Again, this year we have prizes for the ladies.

There is more information to follow, so stay tuned.

Questions? Call Jerry Courter - 353-0715 or Don Severance 961-6668

Branch 150 Executive Committee			Branch 150 Committee Chairmen					
Big Sir	John Duffy	567-9940	Attendance	Norm Green	723-0973	Membership	Jim Rae	967-4951
Little Sir	Fred Teron	451-0667	Booster	Owen Denman	683-0252	Newsletter Editor	Bob Carlstroem	791-3608
Secretary	John Yosgott	966-1725	Bowling	Tom Bittner	723-1497	Nominating	Jim Dodge	638-2394
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	Tom Bittner	723-1497	Nom. Asst.	Chuck Reed	363-8406
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Asst. Treasurer	Tinker Qualls	719-5119	Communications	Bob Neubacher	685-7528	Quartermaster	Walt Nauer	966-3588
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Director	Chuck Reed	363-8406	Fishing	Bob Bonner	961-5403	Social Affairs	Jerry Courter	353-0715
Director	Stan Wirth	362-1748	Golf	Harold Doppelmayer	922-6134	Social Affairs	Don Severance	961-6668
Director	Jerry Courter	353-0715	Golf Asst.	Brent Soulis	726-6326	Travel & Events	Bill Hooper	988-6880
Director	Don Severance	961-6668	Greeter/Pub Relations	Bill Ferreira	635-6093	Webmaster	Bob Carlstroem	791-3608
Director	Len Bloom	961-2225	Historian	Doug Hilton	363-8751			
			State President	Robert Mannell	(408) 264-7121	Director Region 2	Ralph J. Lingis	(916) 933-5561
						Governor Area 31	Bob Carlstroem	(916) 791-3608

## Where did piss poor come from?

They used to use urine to tan animal skins, so families used to all pee in a pot and then once a day it was taken and sold to the tannery..... If you had to do this to survive you were "Piss Poor."

But worse than that were the really poor folk who couldn't even afford to buy a pot..... They "didn't have a pot to piss in" and were the lowest of the low.

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s:

Most people got married in June because they took their yearly bath in May, and they still smelled pretty good by June. However, since they were starting to smell..... Brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it... Hence the saying, "Don't throw the baby out with the bath water!"

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof... Hence the saying "It's raining cats and dogs."

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, "Dirt poor." The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entrance-way. Hence: a "thresh hold."

(Getting quite an education, aren't you?)

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire... Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme: Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old. Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, "bring home the bacon." They would cut off a little to share with guests and would all sit around and "chew the fat."

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or the upper crust.

Lead cups were used to drink ale or whiskey. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of "holding a wake."

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift) to listen for the bell; thus, someone could be, "saved by the bell," or was considered a "dead ringer."

And that's the truth..... Now, whoever said History was boring!!!

So... get out there and educate someone! ~~~

## Of Course You (Men) Know!

By an anonymous lady Sir

Of course you men know our good friend Don Sevrance, can feed you a line of bull that is most impressive. I asked Don to clear up my messed up knowledge about cows. He gave me the straight cattle scoop on what you call a boy, girl, and one that has not had a baby yet. "Cattle," is the cow's family name. A mature female is a cow, and an adult male is called a bull. You call a cow that just recently had a baby, "decafinated." Not really, a cow that hasn't had a calf yet is called a heifer. Friends never "steer" you wrong, but I found it all "udderly" amazing and wanted to know more.

I found some interesting information and a "MooS Flash" on a couple of sites, Animal Facts-Cows and Life Style Lounge. I found myself knee deep in cow facts and wanted to share a few with you.

- Cows came to America with the Pilgrims.
- A Holstein's spots are like a fingerprint. No two cows have exactly the same pattern of spots.
- Cows have an acute sense of smell and can smell something up to 6 miles away.
- A cow doesn't bite the grass, but curls her tongue around it. A cow has no upper teeth.
- A cow gives milk for the first time, only after she gives birth to a calf. Of course you men know a cow that doesn't give milk is known as an "udder" failure.
- Cows can drink up to 35 gallons of water a day. Dairy cows can produce up to 125 lbs of saliva a day.
- A cow can climb up the stairs, but cannot climb down. This is because her knees cannot bend properly. A cow with only two legs is known as a side of beef.
- Cows have almost total 360 degree panoramic vision and are able to see colors, except red.
- Cows have a single stomach, but four digestive compartments.
- A cow usually spends 6-7 hours during the day eating cud and around 8 hours on chewing it. The bull usually falls asleep after eating, and is then referred to as a bull-dozer.
- An average cow produces 30 lbs of urine and 65 lbs of feces daily. Of course you men know, you never kick a cow chip on a hot day!

These cow facts mooo-tivated me to continue my search and see if a cow had a negative side. According to an article by 60-Second Science, beef and dairy farms often dispose of manure by shipping it out as fertilizer for crops, but there just isn't enough land to absorb that much manure. One cow produces as much waste as 18 people. When heavy rains or early spring melts come, the stinking truth is, excess waste can find its way into rivers, streams, groundwater, and wells. In agricultural areas, it can be enough to cause persistent health problems, including diarrhea and other infections according to a report in The New York Times. Holy Cow, Manure Happens! I and my "udder" half decided cows are pretty cool we should just turn the "udder" cheek and mooo-ve on.

## GOLF NEWS

Call **Harold Doppelmayr** at 922-6134 or his assistant **Brent Soulis** at 726-6326 if you have questions or concerns. Tournament sign-ups are available at [www.sir150.com](http://www.sir150.com) or at each monthly luncheon and at all tournaments.

### Cordova Golf Course

#### Weekly Tournament Play

Every Friday except the last Friday of the month. Sign-up when you show up. The last Friday of each month (except Dec & Jan) is designated as a Scramble

Tournament for which sign-ups are required.

#### 2011 Away Tournaments

Mar 15 (Tue) Teal Bend - 9:00	Jul 18 (Mon) Ancil Hoffman - 9:00
Mar 29 (Tue) Lockford - 9:00	Aug 2 (Tue) Diamond Oaks - 9:00
Apr 5 (Tue) Mackenzie - 9:22	Aug 16 (Tue) Mather - 9:00
Apr 19 (Tue) Micke Grove - 9:00	Sep 6 (Tue) Woodcreek - 9:00
May 3 (Tue) Empire Ranch - 9:00	Sep 20 (Tue) Teal Bend - 9:00
May 17 (Tue) River Oaks - 9:00	Oct 4 (Tue) Cavanaugh - 9:00
Jun 7 (Tue) Plumas Lake - 9:00	Oct 18 (Tue) Mackenzie - 9:22
Jun 21 (Tue) Wildhawk - 9:32	Nov 1 (Tue) Wildhawk - 9:00
Jul 5 (Tue) River Oaks - 9:00	Nov 15 (Tue) Bing Maloney - 9:00



#### Sandbagger of the Month

A full bag of blowing sand is awarded to **Bob Neubacher** for shooting a nice net 64 on the par 71 Bartley Cavanaugh.

## BRIDGE & BOWLING NEWS

For detailed information related to bridge or bowling meetings and schedules, contact **Tom Bittner** at 723-1497 or at [joanbittner@yahoo.com](mailto:joanbittner@yahoo.com)

### Bridge

This month we had three tables of bridge. The winners were: 1st- Doug Hilton; 2nd- John Conyers; 3rd- Ken Streewe.

## FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Cordova Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM.

If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact **Bob Bonner** at 961-5403

I love the rain but, the wind caused a rescheduling of the derby to coincide-inside with the NDO so we fished Lake Pardee on the twenty second. Thirty six fishermen and just sixteen fish caught. Five were caught trolling and the rest were caught by a few guys bait fishing with power bait. I got skunked. MAYBE I WILL TAKE UP GOLF. That way I could be frustrated every time I went out. We fish the derby at Camanche Reservoir on Englebright Lake on the twenty second. Fishing is fun, catching is even better. Come join the fun. Blessings to all of you.

## BOOSTER REPORT

Good news, sad news, or interesting news about our members should be sent to Owen Denman at [owen.denman@gmail.com](mailto:owen.denman@gmail.com), 683-0252 (hm) or 947-0897 (cell)

In January we sent cards out to **Kent Kilborn** (recovering from knee replacement surgery), **Earl Kennedy** (recovering from hip replacement surgery) and to **Roy Morrison** who recently moved to an Eskaton facility in the Pocket area. We also sent a card to **Ed Schumann** who is no longer able to attend and has been placed on the "Inactive" list. We also sent out a few cards to members who were needing a "pick-me-up" for various reasons. Keep in touch with these folks and send your best wishes. It always helps to hear a friendly voice during trying times.

Please continue to keep me posted on both good news and bad news items from our members and I will try to send our collective best wishes. Thank you for your support.

## MEMBERSHIP NEWS

For detailed information contact **Jim Rae** at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from [james.rae@att.net](mailto:james.rae@att.net).

The following membership changes occurred at our February meeting: **Al Wolfgang** and **Bill Bish** resigned. **Ed Schumann** transferred to Inactive status. An application for membership from **Henry Sperry** was approved. We now have 108 active members and 14 Inactive members for a total of 122.

So far this year we have a net loss of 5 active members so we need to redouble our recruiting efforts to bring in replacements. We did a good job in 2010 and I hope you will continue the good work in 2011. Remember the Executive Committee approved a policy to offer a free lunch to each guest potential member when they attend their first meeting. Take some of the new color brochures from the Membership Board to give to prospective members.

## TREASURER'S REPORT

For detailed information contact **Ralph Tomson** at 354-2236 or [rotomson@att.net](mailto:rotomson@att.net)

Beginning Cash Balance January 1, 2011	\$840.35
Cash Receipts Year To Date February 28, 2011	2,578.00
Disbursements YTD	2,727.29
February Ending Cash Balance	\$691.06
February luncheon attendance totaled 69 members and 1 guest.	



## Cal's Garden

As many of you know, **Cal Lamberson** takes gardening quite seriously. Since spring is poking its head out, Cal was asked to share a few pointers. Cal loves his flower gardens, but the focus of this column is vegetables. It is early, but according to Cal, now is a good time to begin preparing. In preparation, the first question dealt with the soil. Now is the time to work the soil adding some chicken manure or other sterilized manure. If the fresh stuff, like barn horse manure is used, you can expect weeds to grow. This can be controlled by using Preen Weed Preventer for vegetables (not flower gardens). Read the directions carefully because you don't want to use the weed preventer in an area you plan to sow early seeds. Working in the manure now will give the garden enough time so your seedlings are not burned. Though it is way too early to even think about planting tomatoes and peppers, some vegetables, such as lettuce, will do best planted early.

If you have a good inside location, now is a good time to start tomatoes and peppers from seed. The advantage of starting tomatoes from seed is that special varieties can be purchased. This gives you an opportunity to try some that you will not find at The Home Depot, Walmart, etc. However, if you check out a good nursery, such as Green Acres or Sierra Nursery, you will find nontraditional starter seedlings. Next month we will talk about different varieties. Speaking of tomatoes, don't get excited about starters that begin to show when the weather is just beginning to warm up. Tomatoes need warm nights and warm soil to start out well. Cal suggests late April or early May depending on where you live and day/night temperatures. Also, you won't gain anything by purchasing the starters early and waiting for the warmer weather to plant. In fact, plants that show up in the stores when they should to be planted will outperform those purchased earlier.

Cal indicated that raised beds do well with our warm weather. However, vegetables need to rotate to a new spot at least every two years.

Hopefully we can get Cal to continue with his suggestions. No matter what, he loves to talk plants so feel free to bring up a question or two.

## Fun Stuff

The first person to provide correct solution will receive a prize at the next regular meeting. Send your answers by e-mail to Bob Carlstroem at carlstroem@sir150.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month, correct answers were submitted first by **Jim Dodge**, followed by: **Harold Doppelmyr, John Duffy, Fred Teron, John Sigl, Jim Rae, P.J. Andrews, and Doug Hilton**

For each of the following what number should replace the question mark?

A

46 - - - 10

52 - - - 7

79 - - - 16

15 - - - ?

B

92 - - - 58

51 - - - 30

47 - - - 148

23 - - - ?

Answers to last month's puzzle

$$8 \times 5 / 2 + 7 - 3 = 24$$

## Honored Members

### Past Big Sirs

1989	George Erkson *
1990	Jim Eastlund *
1991	John Mahony *
1992	Lou Parton *
1993	Ken Allard *
1994	Ruel Smith *
1995	Bill McCarthy *
1996	Tom Wirth *
1997	John Means
1998	Jim Delk
1999	Bob Smith
2000	Bob O'Neal
2001	Lou Joaquin *
2001	Joe Ramay
2002	Bob Trathen
2003	Jim Rae
2004	Len Bloom
2005	Don Severance
2006	Bob Carlstroem
2007	Jerry Courter
2008	Stan Wirth
2009	Chuck Reed
2010	Jim Dodge

### Senior Sir

Tom Bittner 2010

### Honorary Life Member

Jim Rae 2007

Don Severance 2010

### Birthday Boys

Huseman	William K	Mar-01
Daniel	W. Grover	Mar-08
Overmyer	Dudley R	Mar-16
Ramos	John A	Mar-16
Boyd	Earl J.	Mar-20
Lehr	Kenneth E	Mar-22
Sperry	Henry C	Mar-31

### AT THE DOCTOR'S OFFICE

A gorgeous young redhead goes into the doctor's office and said that her body hurt wherever she touched it.

"Impossible!" says the doctor. "Show me."

The redhead took her finger, pushed on her left breast and screamed, then she pushed her elbow and screamed even more. She pushed her knee and screamed; likewise she pushed her ankle and screamed. Everywhere she touched made her scream.

The doctor said, "You're not really a redhead, are you?"

"Well, no" she said, "I'm actually a blonde."

"I thought so," the doctor said. "Your finger is broken."

**NON RESPONSIBILITY DECLARATION:** All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

**PAYMENT FOR TRIPS AND TOURS:** Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

**ATTENDANCE:** Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

Bob Carlstroem, Editor  
7990 South Lake Circle  
Granite Bay, CA 95746

