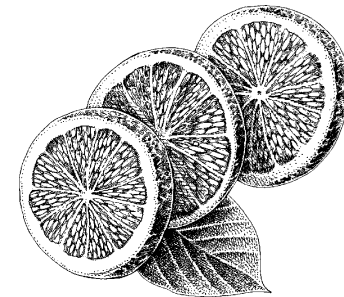




Orangevale Branch 150



State SIR website: www.sirinc.org
 Branch 150 website: www.sir150.com
 Branch 150 editor: Bob Carlstroem - carlstroem@sir150.com

February 2010

Meetings - 3rd Wednesday of Each Month		Next Meeting - February 17, 2010	
Location Rancho Cordova Elks Lodge 11440 Elks Circle Rancho Cordova, CA 95742	Regular Monthly Schedule Business meeting 10:30 Social time/registration 11:00 Meeting/luncheon 11:30	Menu: Fish and Chips, green vegetable, salad, dessert, and appropriate bread Speaker: Roland Sobourin, Colonel, USAF Retired Topic: The B-24 in WWII	What's Happening Fish and Chips, green vegetable, salad, dessert, and appropriate bread Roland Sobourin, Colonel, USAF Retired The B-24 in WWII

Big & Little Sir Tidbits



Big Sir Jim Dodge

What a start to the New Year! 1st meeting as the big sir. We have no electricity!! However, everything went ok..... The golfer's luncheon got me the George Todd Perpetual Trophy as the golfer of the year for 2009, and a lot of you have heard me say "that I'd rather be lucky than good!" Well, I certainly was lucky, if **John Conner** and **Fred Teron** had played as much as I did, I wouldn't have won....and if **Cal Lamberson** would have played 3/4 of what I did, he would have won. But the one that bothers me the most is that had **John Sigl** not been fighting his illness most of the year, I know that I wouldn't have beaten him by 3 pts. Oh well, since John had already gotten his name on the trophy in 2002, I don't feel quite so bad. Anyway, it was fun playing John on the last day. My goal at the beginning of the year was to be the most improved, but I don't think anyone could have dreamed of improving as much as **Mike Rumsey** did....10 strokes.....WOW!! Congratulations Mike. Who did you take lessons from? Anyway, my motto still hasn't changed....I'd rather be lucky than good. BUT I would sure like to be good AND lucky!!! Have a great 2010.

Note to the Executive Committee: Please be at the February business meeting at 10:15



Little Sir John Duffy

The Best is Yet to Be! So I declare as I sit at the keyboard, eight days after full knee replacement surgery. I am grateful that my surgeon was so accommodating to schedule my surgery one day after our January meeting, thereby giving me the maximum recovery time before our February meeting. I appreciate all the support I have received from Branch members who have either had the experience themselves or are close to someone who did. And, of course, I am grateful to the weather God who has seen fit to prohibit golf the first two Fridays after surgery, thereby keeping all you able bodied golfers from getting too far ahead in the points standing.

And The Top 10 Most Desired Retirement Activities Are ...

Allstate Financial's Cost Of Leisure Index Reveals What Baby Boomers Want, And What It Will Cost

Rank	Activity in Retirement	Surveyed Boomers' Average Annual Estimated Spending	Industry Estimates
1	Traveling	\$7,700	\$7,741
2	Family activities	\$3,900	\$3,924
3	Hobbies	\$2,200	\$827
4	Gardening	\$1,500	\$762
5	Fishing	\$2,700	\$1,160
6	Golfing	\$3,500	\$4,140
7	Volunteering	\$2,000	\$2,539
8	Reading	\$900	\$545
9	Exercising	\$1,500	\$1,479
10	Home improvement	\$7,000	\$1,904

Don't forget to keep a few "Invitations To Join SIR 150" cards with you.

These were passed out at the November meeting. If you were not there, contact Jim Dodge to obtain some.

Branch 150 Executive Committee			Branch 150 Committee Chairmen				
Big Sir	Jim Dodge	638-2394	Attendance	Norm Green	723-0973	Historian	Dick Clausen (530) 622-4817
Little Sir	John Duffy	567-9940	Booster	Bill Hooper	988-6880	Membership	Jim Rae 967-4951
Secretary	John Yosgott	966-1725	Bowling	Tom Bittner	723-1497	Newsletter Editor	Bob Carlstroem 791-3608
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	John Mahony	485-2449	Nominating	Chuck Reed 363-8406
Treasurer	Ralph Tomson	354-2236	Chaplain	Joe Ramay	635-1158	Nom. Asst.	Stan Wirth 362-1748
Asst. Treasurer	Tinker Qualls	719-5119	Communications	Bob Neubacher	685-7528	Nom. Asst.	Jerry Courter 353-0715
Director	Chuck Reed	363-8406	Comm. Asst.	Ralph Tomson	354-2236	Quartermaster	Walt Nauer 966-3588
Director	Stan Wirth	362-1748	Fishing	Bob Bonner	961-5403	Social Affairs	Jerry Courter 353-0715
Director	Jerry Courter	353-0715	Golf	Harold Doppelmayr	922-6134	Social Affairs	Don Severance 961-6668
Director	Bob Carlstroem	791-3608	Golf Asst.	Brent Soulis	726-6326	Travel & Events	Open
Director	Don Severance	961-6668	Greeter/Pub Relations	Bill Ferreirae	635-6093	Webmaster	Bob Carlstroem 791-3608
Director	Len Bloom	961-2225					
			State President	Floyd Kendrick	(650) 948-7470	Director Region 2	Ralph J. Lingis (916) 933-5561
						Governor Area 31	Bob Carlstroem (916) 791-3608

Spotlighted Sir



Jerry Wall was born in Mason City, Iowa in 1935. His dad was an auto mechanic and mom was a secretary. A lot of the businesses depended upon farmers and at this point in the Great Depression they were leaving in droves. So, Jerry's dad left too in 1936 to settle in Hughson, California. There he resumed his work and became the Chief of the Volunteer Fire Department. Hughson is now a wide spot in

the road about 6 miles southeast of Modesto. But, back then it had an elementary and a high school. Pretty much everybody had to play sports to field teams and Jerry remembers running from the baseball game he was in to the locker room to change uniforms for a track event happening in ten minutes. He did play all four sports every year. He graduated in 1953 and attended and played football for Modesto Junior College the next year. In 1954 he went to work at Dairy Maid Creamery and in 1955 he was married. After two years working with Marathon Paper, the family moved to Elk Grove. There Jerry started with Procter and Gamble in facility maintenance and the kids started school. He stayed there until 1992 when he retired as the Maintenance Project Manager. Jerry describes this as making a living calling people to tell them to do what you used to do. During his time there he bought an abandoned winery building in Elk Grove and used the materials to build a "Dutch Barn" home on seven acres on the west side of Excelsior Road. He moved to another seven acre spread on Calvine. In 1998 he moved to Rancho Murietta and joined the Country Club to play golf.

While playing center in the early 1960's on the Procter & Gamble basketball team, Jerry came to the attention of a semi-pro group with Parrish Brothers as their sponsor. He joined. On the team with him and against teams he played were many of the San Francisco 49er's who played to keep in shape in the off season. Y.A. Tittle, Hugh McElenny, and Bob Sinclair were some of them. Jerry says Sinclair was probably a little like trying to play Shaq, bigger and stronger than all the other players. Jerry continued in recreational basketball after this experience.

He also got into showing automobiles. He put together (remember he was a mechanic's son) a 1937 Plymouth and began entering it in Autorama's. He won eight of eight in 1980, including a very big win in Oakland. Jerry promises he will bring the car down to a meeting when the weather gets better. This skill is continuing in a combination hobby slash job. Jerry and a neighbor have a cottage industry buying, renovating, and reselling golf carts, one of the major modes of transportation in Rancho Murietta.

Jerry and wife Alice are also owners of a 40' Diesel Pusher RV and members in a club that includes people from all over the United States. Many of the trips are to play golf courses, and some have been extended. They have taken one trip up and across Canada, coming down the East Coast, staying in a RV park across the river from the World Trade Center. This took well over a month. They make frequent trips to a friend's home at the Marina at Flathead Lake in Montana. They have a full spread RV setup there. Jerry has organized rallies in the club, including one out of Plymouth. They have taken a couple of cruises, but Jerry points out with the investment a big RV represents, you'd better use it. On one trip to Montana pulling a trailer with two golf carts, Jerry was given some bad road advice. So after 30 miles of continuously deteriorating road He came to a gate where a dirt road commenced and the sign proclaimed "No further maintenance on this road." It took a long time and a lot of thrown rock to get that big rig back out. Jerry now has a GPS.

Jerry's sponsor, Ralph Tomson, began pushing Jerry in 2006 to join SIR and was successful last October. Jerry has a son in Darby, Montana with six grandkids. He also has five great-grandkids.

Of Course You (Men) Know!

By an anonymous Lady Sir

Of course you Jolly Hookers know that if you are fishing for facts one of your freshwater worries is how toxic is my fish. According to USA Today, "Sports fisherman take heed: A government test of fish pulled from nearly 300 streams in the USA found every one of them contaminated with some level of mercury." The toxic substance was found in every fish sampled and these findings are exposing how widespread mercury pollution has become. However, while all fish had traces of contamination only about a quarter had mercury levels exceeding what the Environmental Protection Agency (EPA) considers safe for those who eat fish twice a week.

Mercury consumed by eating fish can damage the nervous system and cause learning disabilities in developing fetuses and young children. The main source of mercury to most of the streams tested is emissions from coal-fired power plants. The mercury released from smokestacks here and abroad rains down into rivers, lakes, and oceans. Bacteria convert the mercury to a form that's easily absorbed by insects and other small organisms. Mercury moves up the food chain as small fish eat the small organisms and big fish eat the smaller fish.

CBS news reported mercury was also found in high concentrations in western streams that drain areas mined for mercury and gold. The most contaminated sample came from small-mouth bass collected from the Carson River at Dayton, Nev., an area tainted with mercury from mining for gold. Forty eight states have fish consumption advisories in place for certain species. A full list of such warnings is available at www.epa.gov/waterscience/fish/advisories. All but two states, Alaska and Wyoming, have issued fish consumption advisories because of mercury contamination. The highest mercury levels were found in largemouth, smallmouth, and spotted bass. The lowest were found in brown, rainbow-cutthroat trout, and channel catfish. The Food and Drug Administration (FDA) and the EPA have links to give you the recommended amount of fish to eat during a week according to mercury levels. Also, there is a poster: Choose Fish Low in Mercury, put out by Department of Health and Human Services at www.maine.gov/dhhhs/eohp/tlsh/hgposter.htm. Mercury didn't worry a man named Koos Brandt. He said, "My biggest worry is that my wife (when I'm dead) will sell my fishing gear for what I said I paid for it."

Branch 150 Historical Recap is Complete and On The Web

As your historian, I would like to call your attention to the History section on our internet site: www.sir150.com. We now have recaps for 2007, 2008, 2009 plus the history of our branch since its inception. If there are any additions or corrections, please let me know.

Dick Clausen

In Memoriam

Ken Allard

Past Big Sir 1993 and Past Editor

GOLF NEWS

Call **Harold Doppelmayr** at 922-6134 or his assistant **Brent Soulis** at 726-6326 if you have questions or concerns. Tournament sign-ups are available at www.sir150.com or at each monthly luncheon and at all tournaments.

Cordova Golf Course

Weekly Tournament Play

Every Friday except the last Friday of the month.

Sign-up when you show up.

End-of-Month Scramble

Every last Friday of the month

Prior sign-up required

Changes may occur due to holidays

2010 Away Tournaments

Feb 02 (Tue) Bing Maloney - 9:00

Feb 16 (Tue) Cavanaugh - 9:30

Mar 08 (Mon) Teal Bend - 9:00

Mar 23 (Tue) Lockeford - 9:00

Apr 05 (Mon) Mackenzie - 8:02

Apr 20 (Tue) Micke Grove - 9:00

May 04 (Tue) The Reserve - 9:00

May 18 (Tue) River Oaks - 9:00

Jun 08 (Tue) Plumas Lake - 9:00

Jun 22 (Tue) Wildhawk - 8:04

Jul 06 (Tue) Dry Creek - 8:02

Jul 19 (Mon) Ancil Hoffman - 9:00

Aug 02 (Mon) Diamond Oaks - 9:30

Aug 17 (Tue) Mather - 9:00

Sep 02 (Thur) Woodcreek - 9:00

Sep 14 (Tue) Teal Bend - 9:00

Oct 05 (Tue) Cavanaugh - 8:30

Oct 18 (Mon) Mackenzie - 9:06

Nov 02 (Tue) Wildhawk - 9:00

Nov 16 (Tue) Bing Maloney - 9:00

Cordova Start Time

Please note that Friday Cordova tournaments now start off at 8:00 a.m.

BOWLING NEWS

For bowling information contact **Tom Bittner** at 723-1497 or at joanbittner@yahoo.com

We bowl each Wednesday at 12:30 with the SIR 49'er League at Fireside Lanes in Citrus Heights from August through April. Members join the ABC to obtain and maintain handicap status. New bowlers are always welcome. Come join us!

SUNSHINE REPORT

Good news, sad news, or interesting news about our members should be sent to **Bill Hooper** at bhoopk1g56@comcast.net or call him at 988-6880

Audrey Huseman, wife of **Ken**, passed away. Services scheduled:

Fair Oaks Presbyterian Church
11427 Fair Oaks Blvd
Fair Oaks, CA

Thursday Feb 4th, 2010, 11:00 AM

Ken Allard, past editor of our newsletter and past big sir, passed away 1/6/10. No services are planned.

Our condolences go out to both the Huseman and the Allard family.

MEMBERSHIP NEWS

For detailed information contact **Jim Rae** at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from james.rae@att.net.

The following membership changes occurred at our January meeting: **Rod Mumm** moved from our area and **Ken Allard** died 1/6/10. **Neil Jensen** transferred to Inactive Status and **Pete Eres** transferred to Active Status.

We now have 102 active members and 21 inactive members for a total of 123.

Ralph Tomson has a new e-mail address: rotomson@att.net.

TRAVEL TIPS

The following destinations have been submitted by some of our members. If you would like to learn a bit more about these potential travel locations, these members are willing to share their experiences and provide tips such as touring company, costs, places to stay, things you must see, what to expect, and much more. Behind each members name you will find contact information. This is the preferred method. In other words, some might prefer to respond by the convenience of e-mail.

Where	Key
Acapulco	17
Alaska	6, 8
Amazon River	15
American Heritage Tour	6
British Isles - Cruise	18
China - Beijing, Shanghai, etc.	15
Costa Rica	4,5
Cruising, General	1
Durango CO, Silverton Railroad	5, 11
Florida	17
France - Normandy/Paris/Mt. St. Michael	17
Greece	4
Hawaii, Maui	2
Ireland	1, 6, 17
Italy	10, 17, 18
Nevada, Mesquite	2
New Mexico-Sante Fe	18
New York-Upstate	18
North Carolina (Elderhostel)	5
Norway (Grand Circle)	5
Nova Scotia (Elderhostel/Independent)	5
Portugal	4
Panama Canal	18
Rhine/Danube River Cruise	6
Russia, St. Petersburg (Grand Circle)	5
South Dakota - Black Hills, Rushmore	5
Spain/Portugal	17, 18
Texas, South Padre Island	14
Wyoming, Cody	2
Yellowstone National Park	3,17,18
Yosemite National Park	3

Key	Member	Preferred Method of Contact
1	Skeeter Regan	armondregan@sbcglobal.net
2	Dick Clausen	papadick@hnet.us or (916) 704-4817
3	Jerry Courter	jcourter2@yahoo.com
4	Len Bloom	lenbloom4@comcast.net
5	Bob Carlstroem	bob@carlstroem.com
6	Charlie Caudle	chascadle@cs.com
8	Dan Berg	(916) 989-4816
10	Bruce Kennedy	bandckennedy@sbcglobal.net
11	John Means	jojohnm@sbcglobal.net
14	Norm Green	g19thgreen@surewest.net
15	Bill Hooper	bhoopk1g56@comcast.net
16	John Mahony	jm2w@sbcglobal.net
17	John Conyers	jacon1@earthlink.net
18	Bob Neubacher	rneubacher@yahoo.com

Remember, while traveling free information (business phone numbers, addresses, etc.) can be obtained from Google Information at 800-466-4411.

BRIDGE NEWS

For detailed information related to bridge meetings and schedules, contact Chairman **John Mahony** at 485-2449

January 11 saw the start of a new decade of Bridge games and brought out 16 players for 4 tables and six rounds. Good cards help, but as you can tell by the winners, good playing counts most: **The Martins**, **Joanne**, 1st and **Charlie** 4th; **Tom Bittner** the perennial winner came in second; and we welcomed back **Bob O'Neal** who captured third place. What about the rest of us? Well, playing for the fun of it ain't all that bad. If you don't want to miss out on all the fun, answer "Yes" when Tom calls for the February 8th meeting. Happy New Year!

TREASURER'S REPORT

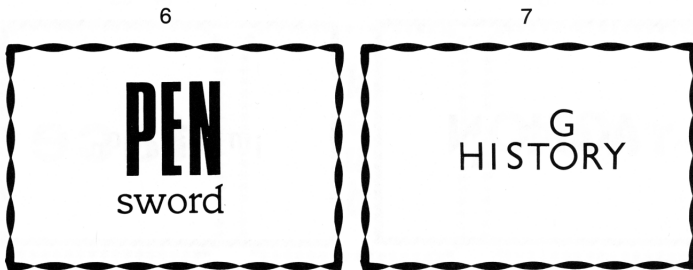
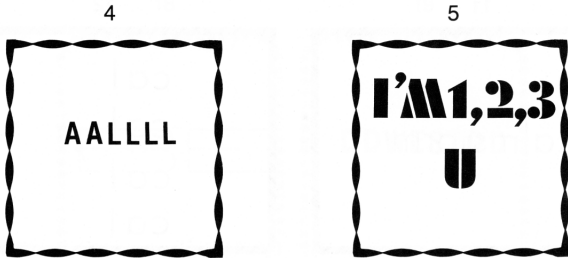
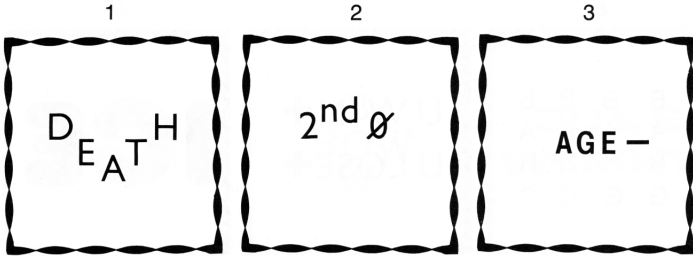
For detailed information contact **Ralph Tomson** at 354-2236 or rotomson@att.net

Beginning cash balance January 1, 2010	\$728.77
Receipts	1,423.00
Disbursements	1,356.90
Ending total cash balance	\$794.87
Luncheon attendance: members-65, guests-1. Total: 66	

Fun Stuff

The first person to provide correct solution will receive a prize at the next regular meeting. Send your answers by e-mail to Bob Carlstroem at carlstroem@sir150.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month's puzzle was solved by **John Duffy** and **Skeeter Regan**.

Plexers



Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746

Honored Members

Past Big Sirs

- 1989 George Erkson *
- 1990 Jim Eastlund *
- 1991 John Mahony
- 1992 Lou Parton *
- 1993 Ken Allard *
- 1994 Ruel Smith *
- 1995 Bill McCarthy *
- 1996 Tom Wirth *
- 1997 John Means
- 1998 Jim Delk
- 1999 Bob Smith
- 2000 Bob O'Neal
- 2001 Lou Joaquin *
- 2001 Joe Ramay
- 2002 Bob Trathen
- 2003 Jim Rae
- 2004 Len Bloom
- 2005 Don Severance
- 2006 Bob Carlstroem
- 2007 Jerry Courter
- 2008 Stan Wirth
- 2009 Chuck Reed

* Deceased

Honorary Lifetime Member

- John Mahony 2001
- Jim Rae 2007

Birthday Boys

White	Arthur N	5-Feb
McManus	Arthur P	10-Feb
Howell	Ronald R	16-Feb
Warner	Mark C	19-Feb
Gengler	William B.	21-Feb
Lamberson	Calvin L.	21-Feb
Sigl	John F	21-Feb
Avila	Raymond	22-Feb
Denman	Owen S	22-Feb

This is the last blond joke - I swear.

A guy decides to bring his new blonde girlfriend to the Super Bowl. After the game is over, he asks her if she liked the game.

She replies: "Oh it was great, I loved watching those men in tight clothes, but there is one thing I don't understand."

"What did you not understand?"

The blonde says: "Well, at the beginning of the game, both teams flipped a quarter to see who would kick off first. Then the rest of the game everybody was yelling get the quarter back, get the quarter back, get the quarter back. So I thought to myself, gosh it's just a quarter!"

NON RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

PAYMENT FOR TRIPS AND TOURS: Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

ATTENDANCE: Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

