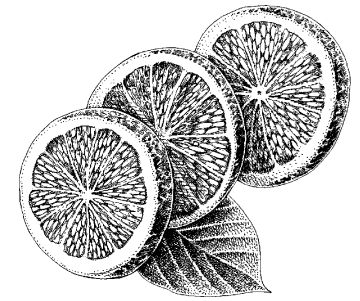




Orangevale Branch 150



State SIR website: www.sirinc.org
 Branch 150 website: www.sir150.com
 Branch 150 editor: Bob Carlstroem - carlstroem@sir150.com

March 2010

Meetings - 3rd Wednesday of Each Month		Next Meeting - March 17, 2010	
Location	Regular Monthly Schedule	What's Happening	
Rancho Cordova Elks Lodge 11440 Elks Circle Rancho Cordova, CA 95742	Business meeting 10:30 Social time/registration 11:00 Meeting/luncheon 11:30	Menu: In honor of St. Patrick we will be enjoying corned beef, cabbage, boiled potatoes, salad, rolls, dessert, and coffee. Speaker: Bob Addaobati & Sam Clower Topic: Pearl Harbor Survivors	

Big & Little Sir Tidbits



Big Sir Jim Dodge

Happy Spring everyone! Activities galore coming up. It is sometimes hard for some of us "older" folks to keep up with all the changes that have to be made, such as daylight savings time on the 14th of March, March Madness coming up, Spring training around the corner, gardening, golf, fishing, bowling, bridge and that weekend get-away. Whoever thought that retirement would be so exhausting and time consuming. I hope you enjoy every minute of it.

We hope to have a new program in place by the 17th for increasing our membership, as it has been stagnate the past 3 years - 102 active members in Jan of 2007 and 102 active members in Jan of 2010. I challenge each of you to bring in 1 new member this year, whether its through walking your street, your church, Lions, Elks, or Kiwanas clubs. Talk it up. Thanks.



Little Sir John Duffy

Saints and begorra Lads ... tis the Month of St. Patrick's Day, and may ye all find your own personal pot o' gold at the end of your rainbow - 'cause with all the rain we've been having the sky should be filled with glorious rainbows. Once again, I am delighted to note and say "Thank you" to all the members who have offered assistance as I continue my knee replacement rehabilitation. I have created a personal goal of returning to the golf course on April 1st (no foolin'). If you have not yet served Branch 150 as an officer I urge you to start thinking ahead now, as new officer nominations will be upon us sooner than you think.

Upcoming State SIR Activities

Golfing in Coeur d'Alene

5 nights and 3 rounds of golf, May 16th-21st

2010 Sir State Golf Tourney in Mesquite Nevada

5 nights, 3 rounds of golf, Nov. 7-12

Sir Day - S.E. Giants vs. the Florida Marlins

July 29th (Thurs), 12:30 PM

Sir Day - The Sacramento River Cats vs. the Nashville Sounds

May 26th (Wed), 11:35 AM

Sir Day at the Races - Golden Gate Fields

March 26th (Friday)

If interested in any of the above, contact Jim Dodge for more information @ 638-2391 or e-mail Jimdodger@AOL.com

Branch 150 Executive Committee			Branch 150 Committee Chairmen					
Big Sir	Jim Dodge	638-2394	Attendance	Norm Green	723-0973	Historian	Dick Clausen	(530) 622-4817
Little Sir	John Duffy	567-9940	Booster	Bill Hooper	988-6880	Membership	Jim Rae	967-4951
Secretary	John Yosgott	966-1725	Bowling	Tom Bittner	723-1497	Newsletter Editor	Bob Carlstroem	791-3608
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	John Mahony	485-2449	Nominating	Chuck Reed	363-8406
Treasurer	Ralph Tomson	354-2236	Chaplain	Joe Ramay	635-1158	Nom. Asst.	Stan Wirth	362-1748
Asst. Treasurer	Tinker Qualls	719-5119	Communications	Bob Neubacher	685-7528	Nom. Asst.	Jerry Courter	353-0715
Director	Chuck Reed	363-8406	Comm. Asst.	Ralph Tomson	354-2236	Quartermaster	Walt Nauer	966-3588
Director	Stan Wirth	362-1748	Fishing	Bob Bonner	961-5403	Social Affairs	Jerry Courter	353-0715
Director	Jerry Courter	353-0715	Golf	Harold Doppelmayr	922-6134	Social Affairs	Don Severance	961-6668
Director	Bob Carlstroem	791-3608	Golf Asst.	Brent Soulis	726-6326	Travel & Events	Open	
Director	Don Severance	961-6668	Greeter/Pub Relations	Bill Ferreirae	635-6093	Webmaster	Bob Carlstroem	791-3608
Director	Len Bloom	961-2225						
			State President	Floyd Kendrick	(650) 948-7470	Director Region 2	Ralph J. Lingis	(916) 933-5561
						Governor Area 31	Bob Carlstroem	(916) 791-3608

Spotlighted Sir

By Bruce Kennedy



Kent Kilborn was born in Nebraska City, about fifty miles south of Omaha on US -75. His Dad was a Flight Engineer for American Airlines and Mom, as with many of us, was a homemaker. Since Dad was home based in Chicago, the family soon moved to Stickney, Illinois in 1949. This is a west-side suburb of Chicago on the Des Plaines River south of Cicero.

Kent completed kindergarten at Haley Elementary. Then it was Home School, still in Stickney. No, he was not "home schooled", it's the name of the school. In 1957 the family moved to Sunnyvale and Kent went to Cupertino Junior High School. It was in the 8th grade that a friend asked Kent to play golf and they were off to Sunken Gardens, a 9-hole course in a former quarry. He has stayed with it ever since. From there it was to Fremont High School where Kent played basketball and tennis. In his senior year, 1962, Fremont beat its arch-rival, Sunnyvale in basketball.

From there it was to Foothill Community College where he played tennis. He was lucky enough to be coached by Dick Gould during the coach's first year. The team took the state title that year, 1963. Gould went on to lead Stanford to 17 national titles. Kent moved to Cal Poly, San Luis Obispo. He continued to play tennis. Kent says he was "heavily recruited." He was watching the team practicing, then walked up and asked if he could try out. The coach told him to get his stuff. That was the recruiting pitch. He tackled a major in architectural engineering. However, he (as all of us were) was feeling the pressure of the draft. At that time you had to get the classes, the grades, and the diploma quickly. He determined that many of his architecture classes were compatible with a math major and switched. He nearly got both and graduated in 1968. It did not help. The draft notice was in the mail almost immediately. Kent says it took about three minutes for him to go through the phone book and be on the way to the Air Force recruiter.

So, Kent was off to Webb AFB, in Big Springs, Texas for pilot training. He chose C-141's and completed his training Altus AFB, Oklahoma. After receiving his "wings" he was sent to Travis AFB at Fairfield where he stayed until the completion of his tour in 1974. He decided to return to civilian life and was directed by a friend to look into Merrill Lynch. He was hired and it was the beginning of a 33 year partnership. Another partnership was started when he married his wife, Nancy in 1982. Nancy worked for the California Department of Education in programs for children with speech and hearing disabilities. Her degree is from Kansas University and she is enjoying Jayhawk basketball this year. They both like to travel, and when they took vacations, that was the usual choice. Usually that involved at least some golf whether the trip was Merrill Lynch related or Kent was traveling on his own. Kent also found time to play recreational league basketball until he was 39 in the Sacramento area. Since most of his team had at least some college ball, they did pretty well. Their daughter was born in 1989.

When Kent retired in 2007, he and Nancy took a month long European tour. This included a stop for a round at St. Andrews. I did not ask for the score. Kent has now taken up photography in a serious manner and he was awaiting a new special printer as we talked. The couple still take trips - several to McMinnville, Oregon where their daughter is a junior at Linville College. When Ralph Tomson leaned on Kent to consider SIR, he did not have to lean too hard. Kent is looking forward to getting back on the courses, but first he is preparing for a knee replacement in April.

Of Course You (Men) Know!

By an anonymous Lady Sir

Of course you men know that half the trivia you hear or read is like the fish stories being told by our Jolly Hookers. I ran across entertaining websites that had some interesting trivia and fun facts. Some of the facts were written like they were laws and we were as smart as bait. It was bluntly stated that "stewardesses" is the longest word that is typed with only the left hand. Then upon investigating I find out that the word "reverberated" is just as long, and so is "desegregated," but they are sometimes disqualified because they require using the past tense. "Devertebrated," claims to be a word longer than stewardesses, but since it is not a word used in everyday conversation, except by people who remove backbones from a fish, they also want to disqualify this word.

Most of us have picked up a seashell and listened to the ocean ... wrong... according to this fun fact we are hearing the sound of our own blood flowing through our head. I thought about this and said, "Does this mean after we exercise and the blood is really pumping, we put a seashell to our ear and we're hit with a tsunami." So, I sought out the most logical answer I could find. The seashell is capturing sounds in our environment and as it enters the shell, it bounces around and creates an audible noise. According to "Big Site of Amazing Facts," inside the shell is a hollow or empty area. This hollow area works like the hollow body of a guitar, to amplify sounds, or make them louder. So the seashell's hollow body is actually picking up all the little noises around you and amplifying them, so that together they make the sounds that make you think of the ocean's roar.

Then of course you know if trivia deals with math it's one of those wonderful laws that are steadfast and true. This math trivia stated, "Months that begin on a Sunday will always have a Friday the 13th." When I looked this up on Wikipedia I found this to be a true piece of trivia. It turns out that every year has at least one Friday the 13th. The longest possible number of Friday the 13ths in one year is three. We will see that this pattern applies to the month of August in 2010, and to May in 2011.

Then of course there is the useless information everybody agrees with, but nobody attempts to explain why it's a true fact. Such as, "A notch in a tree will remain at the same distance from the ground as the tree grows." The cat trivia is cute, but I guess they think we're all a few fries short of a happy meal. "Cat Facts," stated that our, "Cats can judge within 3 inches the precise location of a sound being made 1 yard away." Little do they know my cat moves only one yard all day. They also want us to know our cats are right-pawed or left-pawed. I guess my kitty's skylight leaks a little, because she claws me with both paws. Then the math comes up again, "In just 7 years, one un-spayed female cat and one un-neutered male cat and their offspring can result in 420,000 kittens." I would like to know what fellow kept a tally while following those fertile cats around each time they decided to make new kittens. I've come to the conclusion trivia is fun - it is similar to having a full six pack, but it lacks the plastic thingy to hold them together.

Remember the Attendance Requirements

The "Gold Pan" is our primary source of operating funds. Lunch charges (\$15) are a straight pass-through to the Elks Lodge. If you miss a meeting, please make up for the absence at the following meeting.

GOLF NEWS

Call **Harold Doppelmayr** at 922-6134 or his assistant **Brent Soulis** at 726-6326 if you have questions or concerns. Tournament sign-ups are available at www.sir150.com or at each monthly luncheon and at all tournaments.

Cordova Golf Course

Weekly Tournament Play

Every Friday except the last Friday of the month.

Sign-up when you show up.

End-of-Month Scramble

Every last Friday of the month

Prior sign-up required

Changes may occur due to holidays

2010 Away Tournaments

Mar 08 (Mon) Teal Bend - 9:00

Mar 23 (Tue) Lockeford - 9:00

Apr 05 (Mon) Mackenzie - 8:02

Apr 20 (Tue) Micke Grove - 9:00

May 04 (Tue) The Reserve - 9:00

May 18 (Tue) River Oaks - 9:00

Jun 08 (Tue) Plumas Lake - 9:00

Jun 22 (Tue) Wildhawk - 8:04

Jul 06 (Tue) Dry Creek - 8:02

Jul 19 (Mon) Ancil Hoffman - 9:00

Aug 02 (Mon) Diamond Oaks - 9:30

Aug 17 (Tue) Mather - 9:00

Sep 02 (Thur) Woodcreek - 9:00

Sep 14 (Tue) Teal Bend - 9:00

Oct 05 (Tue) Cavanaugh - 8:30

Oct 18 (Mon) Mackenzie - 9:06

Nov 02 (Tue) Wildhawk - 9:00

Nov 16 (Tue) Bing Maloney - 9:00

FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Cordova Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM.

If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact **Bob Bonner** at 961-5403

The Jolly Hookers are back on the water in the great California outdoors. Forty fishermen made it to Lake Pardee for the derby. Dean Milton, **Bob Bonner** [SIR 150] and Mike DeVore ended the day in first second and third place. Great day and good fishing. The non derby outing to Lake Amador was a little slower fish catching but still a lot of fun. Art Law, Guy Brown and **Earl Kennedy** [SIR 150] placed first, second and third. This rain in the valley and snow in the mountains should help the water level in the lakes this summer. On March sixteenth the derby is at Lake Camanche and we fish Lake Berryessa for the NDO. Maybe we can catch some Kokanee Salmon next month. Trout are fine. Kokanee, I think, are even better. Come join the fun.

MEMBERSHIP NEWS

For detailed information contact **Jim Rae** at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from james.rae@att.net.

The following membership changes occurred at our February meeting:

Ken Huseman has returned to active status after his wife Audrey passed away January 27, 2010. Lucile Parton, wife of Past Big SIR **Lou Parton** passed away on January 10, 2010. **Tom Bittner** received a Senior SIR Certificate after attaining the age of 90. **Tom Silva** has a new e-mail address: tomsilva@live.com.

We now have 103 active and 20 inactive members for a total of 123.

TREASURER'S REPORT

For detailed information contact **Ralph Tomson** at 354-2236 or rotomson@att.net

Beginning cash balance January 1, 2010	\$728.77
Receipts	2,671.00
Disbursements	2,458.87
Ending total cash balance	\$940.90

Luncheon attendance: members-70, guests-1. Total: 71. Contributions

BRIDGE NEWS

For detailed information related to bridge meetings and schedules, contact Chairman **John Mahony** at 485-2449

February Bridge: 1st Place - **Tom Bittner**, 2nd Place - Joanne Martin, 3rd Place - **Bob Odehnal**, 4th Place - Josie Benz.

Project Information Exchange

The following SIR members have completed remodeling/construction projects during the last couple of years of at least approximately \$5,000 or more. If you are considering a similar project, contact one or more of them to assist you in doing your research. If you wish to contribute project information, contact Bob Neubacher or Bob Carlstroem.

Project	Members to Contact
Kitchen remodel	1,2,3,5,8,9
Bathroom remodel	9,12
Landscaping	4,13,14
Flood damage	7
Windows/doors - new dual pane	2,9
Painting - whole house (indoor or outdoor)	2,6
Heating/Air Conditioning	2
Insulation	2,11
Tree removal (major)	4
Roofing	9,10, 15
Pool	9
Concrete work	9,10
Flooring (carpeting/hardwood)	9,13
Room additions	?

Key	Member	Preferred Method of Contact
1	Bob Neubacher	916.685.7528
2	Bob Carlstroem	bob@carlstroem.com
3	John Means	966.966.9579
4	Jim Rae	james.rae@att.net
5	Fred Teron	916.451.0667
6	Mike McGill	916.638.5841
7	Andy Munson	andymunson@comcast.net
8	Len Bloom	lenbloom4@comcast.net
9	Jim Dodge	jimdodger@aol.com
10	Don Severance	916.961.6668
11	Jerry Courter	jcourter2@yahoo.com
12	Stan Wirth	916.362.1748
13	John DeVillier	916.454.0222
14	Owen Denman	916.683.0252
15	John Mahoney	jm2w@sbcglobal.net

Sir Branch 150 Picnic

May 26, 2010

(The week after our regular May meeting date!)

Tickets will go on sale

before and after the March and April meetings

\$ 10.00 Per Person

Great food, drink, company, and activities to test your mind and skills

If you have a question before our March meeting, call Don Severance 961-6668 or Jerry Courter 353-0715

Tub Puzzle

During a visit to my doctor, I asked him, "How do you determine whether or not a retiree should be put in an old age home?"

"Well," he said, "we fill up a bathtub, then we offer a teaspoon, a teacup and a bucket to the retiree and ask him or her to empty the bathtub"

"Oh, I understand," I said.. "A normal person would use the bucket because it is bigger than the spoon or the teacup."

"No" he said. "A normal person would pull the plug. Do you want a bed near the window?"

Fun Stuff

The first person to provide correct solution will receive a prize at the next regular meeting. Send your answers by e-mail to Bob Carlstroem at carlstroem@sir150.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month's puzzle was solved by **Harold Doppelmayr**.

Plexers

1	2	-- 3
4		
5	6	7

Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746

Honored Members

- Past Big Sirs**
- 1989 George Erkson *
 - 1990 Jim Eastlund *
 - 1991 John Mahony
 - 1992 Lou Parton *
 - 1993 Ken Allard *
 - 1994 Ruel Smith *
 - 1995 Bill McCarthy *
 - 1996 Tom Wirth *
 - 1997 John Means
 - 1998 Jim Delk
 - 1999 Bob Smith
 - 2000 Bob O'Neal
 - 2001 Lou Joaquin *
 - 2001 Joe Ramay
 - 2002 Bob Trathen
 - 2003 Jim Rae
 - 2004 Len Bloom
 - 2005 Don Severance
 - 2006 Bob Carlstroem
 - 2007 Jerry Courter
 - 2008 Stan Wirth
 - 2009 Chuck Reed

- Senior Sir**
- Tom Bittner 2010
- Honorary Lifetime Member**
- John Mahony 2001
 - Jim Rae 2007
- * Deceased

Birthday Boys

Huseman	William K	1-Mar
Daniel	W. Grover	8-Mar
Overmyer	Dudley R	16-Mar
Ramos	John A	16-Mar
Boyd	Earl J.	20-Mar
Fields	Harry L	25-Mar

I just couldn't resist this one....

There were three women, a Brunette, a Red Head, and a Blonde. They all worked together at an office. Every day they noticed that their boss left work a little early. So one day they met together and decided that today when the boss left, they would all leave early too.

The boss left and so did they. The Brunette went home and straight to bed so could get an early start the next morning. The Red Head went home to get in a quick work out before her dinner date. The Blonde went home and walked into the bedroom. She opens the door slowly and saw her husband in bed with her boss, so she shut the door and left. The next day, the Brunette and the Red Head are talking about going home early again. They ask the Blonde if she wants to leave early again.

"No," she says, "yesterday I nearly got caught!"

NON RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

PAYMENT FOR TRIPS AND TOURS: Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

ATTENDANCE: Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

