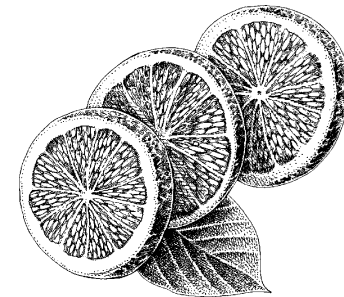




# Orangevale Branch 150



State SIR website: www.sirinc.org  
 Branch 150 website: www.sir150.com  
 Branch 150 editor: Bob Carlstroem - carlstroem@sir150.com

September 2008

Meetings - 3rd Wednesday of Each Month		Next Meeting - September 17, 2008	
<b>Location</b>	<b>Regular Monthly Schedule</b>	<b>Menu:</b>	Swiss steak, garlic mashed potatoes, green beans, green salad, & chocolate cake.
Rancho Cordova Elks Lodge	Business meeting 10:30	<b>Speaker:</b>	Guy Anderson
11440 Elks Circle	Social time/registration 11:00	<b>Topic:</b>	Coaching. What it's all about.
Rancho Cordova, CA 95742	Meeting/luncheon 11:30		

## August Speaker: Guy Anderson



The head coach at Rancho Cordova High School for the past 33 years, Anderson has rang up an impressive 756-323-19 record since 1971. He has led his ball clubs to 18 league championships over the years. Anderson, who is one of the legends of coaching in high school and a gentleman in every respect, has had 11 players reach the Major Leagues while 28 have signed professional contracts. He is one of the very few high school coaches in prep history to have had two first round picks taken off his team in the same year in 1972 when middle infielder Jerry Manuel and OF Mike Ondina where chosen. Manuel is now manager of the Chicago White Sox.

"I am so proud of all the good people who have come out of our program," said Anderson. "One of my greatest thrills took place recently when I was asked to speak at a local Little League function. When I looked at the roster, I noticed that 16 young men who played for me were currently coaching in that Little League. It was great to see my guys were still involved in the game."

Anderson said it is essential to have good people come out of his program, in addition to skilled athletes. "The No. 1 goal for me is developing good citizens, making sure they are humble, and demanding they are aggressive athletes. The 25 rules I have are strictly enforced. One involves players who have tattoos. Those tattoos must be covered at all times during practice and games. The kids are expected to have clean-cut haircuts throughout the season with no chin whiskers showing. I also don't allow earrings at all."

## Branch 150 soundly defeats Branch 49, 15-9

On August 4, 2008, the Branch 150 golf team took on Branch 49 representatives in a match play competition with outstanding results. Having been defeated by the 49'ers earlier this year, 150 was primed for the re-match. After the first 5 groups came in with the 49'ers leading 6 - 4, the match looked like it might be a repeat defeat. But the next two matches were wins for Branch 150. To clinch the win, Branch 150 took 9 of the last 11 matches handing the 49'ers a 15 - 9 defeat.

Since winning isn't everything, the whole purpose was to expand our play some and get together with other SIR members for great conversation, lots of fun and, of course, a little golf. To that end, both matches were a success with plans for future competitions in the works.

### 2009 Branch 150 Executive Committee Officers

<b>Big Sir</b>	<b>Chuck Reed</b>
<b>Little Sir</b>	<b>Jim Dodge</b>
<b>Secretary</b>	<b>Doug Hilton</b>
<b>Assistant Secretary</b>	<b>Bruce Kennedy</b>
<b>Treasurer</b>	<b>Ralph Tomson</b>
<b>Assistant Treasurer</b>	<b>Raymond Avila</b>
<b>Director</b>	<b>Stan Wirth</b>
<b>Director</b>	<b>Jerry Courter</b>
<b>Director</b>	<b>Bob Carlstroem</b>
<b>Director</b>	<b>Don Severance</b>
<b>Director</b>	<b>Len Bloom</b>
<b>Director</b>	<b>Jim Rae</b>

Branch 150 Executive Committee			Branch 150 Committee Chairmen					
Big Sir	Stan Wirth	362-1748	Attendance	Norm Green	723-0973	Greeter/Pub Relations	Bill Ferreirae	635-6093
Little Sir	Chuck Reed	363-8406	Booster	Charlie Martin	858-1453	Historian	Dick Clausen	(530) 622-4817
Secretary	Doug Hilton	363-8751	Bowling	Tom Bittner	723-1497	Membership	Jim Rae	967-4951
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	John Mahony	485-2449	Newsletter Editor	Bob Carlstroem	791-3608
Treasurer	Ralph Tomson	354-2236	Chaplain	Joe Ramay	635-1158	Nominating	Jerry Courter	353-0715
Asst. Treasurer	Raymond Avila	481-2402	Communications	Bob Neubacher	685-7528	Nom. Asst.	Bob Carlstroem	791-3608
Director	Jerry Courter	353-0715	Comm. Asst.	Ralph Tomson	354-2236	Nom. Asst.	Don Severance	961-6668
Director	Bob Carlstroem	791-3608	Fishing	Bob Bonner	961-5403	Quartermaster	Walt Nauer	966-3588
Director	Don Severance	961-6668	Golf	Harold Doppelmayer	922-6134	Social Affairs	Jerry Courter	353-0715
Director	Len Bloom	961-2225	Golf Asst.	Brent Soulis	726-6326	Travel & Events	Open	
Director	Jim Rae	967-4951				Webmaster	Bob Carlstroem	791-3608
Director	Bob Trathen	927-5987						
			State President	Arthur E Pufford (707) 996-0992		Director Region 2	Ronald McCall	(530) 622-5424
						Governor Area 31	Ralph J. Lingis	(916) 933-5561

# Spotlighted Sirs

By Bruce Kennedy



John Conyers

John was born in 1934 just a little north of Council Bluffs in the small Iowa town of Missouri Valley. For non-Iowan's, that's about 20 miles north of Omaha. Dad was a conductor on the railroad. About the second grade, World War II was on so the family packed up to join the defense industry and came to McClellan AFB in early 1942. John started school in William Land Grammar School and finished, after moving to the "new" Town and County area, at Grant High School. John had a love of cars and built hot rods in high school with a club call the "Torquers." It was at a club function at 16 when he met his wife to be, Joan. She came with someone else, but John took her home. After graduation John followed his father to McClellan and started as an apprentice welder. He would stay until 1953 when he joined the Marine Corp. for five years. After basic training at San Diego, he went to Supply School in Camp Le Juene, North Carolina. He was then assigned to Camp Pendleton for 2 years and was married during that time. His last two years with the Corps was in Portland, Oregon as an inspector and instructor at a reserve unit. Joan was able to join him for the second year after finishing nursing school.

After John left the Marines he and his brother went together in 1958 and purchased two Texaco gas stations in San Francisco. Very shortly the "gas wars" hit and this joint venture was ended. So, John decided it was time to go back to school so the family moved back to Sacramento and John started at Sac State. He started full time with the help of the GI Bill of Rights, but when the couple's 3<sup>rd</sup> child was born, he went to work part time as a laboratory technician in R&D for Aerojet in 1961. After finishing his degree in chemistry John went full time in 1963 and the family bought a home in Folsom.

Layoffs began to hit Aerojet in 1967/68 and John figured it was better to get a job while he still had a job. He joined General Dynamics and it was off to Fort Worth in 1969 as a process control chemist in the manufacture of aircraft parts. Layoffs started within a year there, but John held on until the end of 1972 when Aerojet began ramping up with new major contracts. John was called and with great relief returned to buy the Rancho Cordova home where they would raise their six children and where he and Joan still live. John's career ranged from supervisor, to manager, to environmental health and safety director, and culminating as director of manufacturing rocket motors in 1982. There he would stay until 1991 when a dream offer came along. NATO was launching a new project on the Hawk missile being built in Bordeaux, France, but Aerojet was the holder of the systems and patents involved. By now the kids were grown and John and Joan left for a three year assignment as Aerojet's consultant on the project. They both look back at this time with great fondness for the work, the French friends they made, and the places it enabled them to visit and see all over Europe. They also remember exposing their friends and colleagues to Bar-be-que, fried chicken and potato salad to rave reviews. On returning in 1994 they rented their home, retired from Aerojet and nursing, and bought in Graeagle, CA where they both indulged their lifelong love of golf and bridge. Their primary vehicle was a golf cart. In 2001 they sold the Graeagle house, returned to the Rancho home and got an RV to use up at Graeagle. They let their RV slot go in 2003.

It should be mentioned that John, like many of us, does still work

part time. He was contacted by the Livermore National Laboratory in 1998 and joined with two other "retirees" to consult on various projects working three months and then off for six. Joan continues to volunteer for the Red Cross during disasters and has been a Girl Scout Camp Nurse. John also once got a contractor's license and enjoys woodworking. The family got into camping early and progressed from tents, to tent trailers, to RV's. Their family camps now include up to 6 vehicles, 15 grand-kids and 4 great-grand-kids. The Conyers encountered Lee Petersen at a church bridge group and Lee was John's eventual sponsor to SIR Branch 150.

---

## Big and Little Sir Tidbits



Big Sir Stan Wirth

It is hard to believe that it is September already. The Christmas luncheon will be here before we know it. Jerry and Don have been working hard getting everything in place. The entertainment is done and they are finishing up the menu.

The Big Sir meeting in Vallejo went well. There was a focus on looking at what the potential wants and desires will be of those who will be retiring in the next ten to twenty years (baby boomers). The whole SIR organization (you and me too) is going to be challenged on how to attract the 'boomers' to keep our branches viable. To that end, our state organization is starting a review to determine what can be done to help attract the 'boomers'.

Last thing: As noted before, don't forget to bring books to the book exchange. It is a great way to get some new reading material!



Little Sir Chuck Reed

Our speaker for the month of September will be the legendary high school baseball coach, Guy Anderson. He has been teaching and coaching at Cordova High since the late sixties and compiled numerous state and national records. He now has over 800 victories, was the national high school coach of the year in 1999, state high school coach of the year, plus many local awards to his credit. He has 48 cordova players that signed professional contracts and 11 made the major leagues and a few of those are still playing. Come join us to hear this dedicated man tell us how he molded not only baseball players, but many leaders in today's world.

---

## Growing Things

### A few tips for late summer vegetable gardens

**Keep Picking** Don't give up and leave those over ripened zucchini on the vines. Once a plants fruits have gone to seed, it thinks it is done for the season and begins to decline. Many plants, like squash, beans, peppers and eggplant, will stop producing new vegetables if the existing veggies are left on the plants to fully ripen.

**Water Regularly** Vegetables don't just need water, they need regular, consistent watering. Irregular watering results in diseases like blossom end rot, in cracking and can often make the vegetables bitter tasting. Allowing plants to dry out will stress the plant and cause it to stop producing and to drop whatever blossoms it already has.

**Feed Lightly** You've asked a lot from your vegetable plants and they could use a little food by mid-summer, no matter how rich your soil is. But feed them lightly, especially with nitrogen. Too much nitrogen will encourage a lot of leaf growth and inhibit fruit production.

**Succession Planting** Planting crops at intervals will renew your garden by having new plants ready to take over for spent plants. Beans, radishes and lettuce can be seeded every two weeks, for an almost endless supply.

*Continued on page 3*

## GOLF NEWS

Call **Harold Doppelmayr** at 922-6134 or his assistant **Brent Soulis** at 726-6326 if you have questions or concerns. Tournament sign-ups are available at [www.sir150.com](http://www.sir150.com) or at each monthly luncheon and at all tournaments.

### Cordova Golf Course

#### Weekly Tournament Play

Every Friday except the last Friday of the month

Sign-up when you show up

#### End-of-Month Scramble

Every last Friday of the month

Prior sign-up required

### 2008 Away Tournaments

September 2 (Tue) Wild Wings - 9:15  
September 16 (Tue) Green Tree - 9:04  
October 7 (Tue) Bartley Cavanaugh - 8:30

October 22 (Wed) Bing Maloney - 8:30  
November 3 (Mon) Alister Mackenzie - 9:00  
November 18 (Tue) Wildhawk - 9:00

### NCGA Renewal

The 2008 NCGA Annual Fall Renewal Period for 2009 NCGA membership will start on October 1<sup>st</sup> and end on December 31<sup>st</sup>. New members joining during this period will be charged \$10. The remaining \$30 will be billed in January. Regular new or reinstated members will be charged \$40 (\$30 + \$10 initiation/reinstatement fee). Regular or multi-member will be charged \$30.

### Slow play

Some of our higher handicap players like to play together. Sometimes they lose touch with the group ahead by 1 or 2 holes. These groups will have to find a way to pick up the pace and catch up with the group ahead. Everyone should refer to the 150 Local and Away Tournament Rules. These rules are posted on the SIR 150 website ([www.sir150.com](http://www.sir150.com)).

### Cordova Greens

Portions of some of the greens at **Cordova** are completely bare and currently may be considered *abnormal ground conditions*. If a player's ball lies on such an area, or such an area is within the player's line of putt, the player may, upon agreement with the other players, move his ball to the nearest point of relief, no closer to the hole. This ruling by the golf committee has not been posted on the website but is in effect until further notice.

## FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Folsom Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM. If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact **Bob Bonner** at 961-5403

On Wed Sept. 9th it is off to Donner Lake for a barbecue dinner and get together before we fish the lake on Thurs the 10th. Great time of year for the high country. J.D. DeVillier is the NDO Chairman and has a great plan for the outing. On Tues Sept. 16th we will be fishing New Melones Lake for the derby. Should be fun. This a beautiful time of the year. Fishing is a great way to enjoy the beauty that surrounds us. Come join the fun.

### TRAVEL TIPS

The following destinations have been submitted by some of our members. If you would like to learn a bit more about these potential travel locations, these members are willing to share their experiences and provide you some tips such as touring company, costs, places to stay, things you must see, what to expect, and much more. Behind each members name you will find contact information. This is the preferred method. In other words, some might prefer to respond by the convenience of e-mail.

Where	When	Key	Where	When	Key
Africa, East		7	Ireland	2002	13
Alaska		7	Ireland (Treasure of Ireland)	Fall 06	6
Alaska	Aug 07	8	Israel	2000	13
Alaskan Cruise	Fall 01	6	Italy	Jun 06	10
Amazon River	Jan 08	15	Montana		7
American Heritage Tour	Jun 01	6	Nevada, Mesquite	Apr 07	2
Australia/New Zealand		7	North Carolina (Elderhostel)	Mar 05	5
China - Beijing, Shanghai, etc.	Mar 08	15	Norway (Grand Circle)	Aug 07	5
China Land/Yangtze River Tour (China Spree)	May 07	9	Nova Scotia (Elderhostel/Independent)	Sep 06	5
Costa Rica	Jan 02	4	Philippines	2007	13
Costa Rica	Jan 04	5	Rhine/Danube River Cruise	Spr 04	6
Cruising, General	Apr 07	1	Russia, St. Petersburg (Grand Circle)	Aug 07	5
Durango CO, Silverton Railroad Trip	Aug 07	11	San Jaun Islands	2007	16
East Europe	2005	13	South America	05	12
Greece	Apr 07	4	South Dakota, Black Hills, Mt. Rush.	May 08	5
Greece	07	12	Texas, South Padre Island		14
Hawaii		7	Wyoming, Cody	Aug 07	2
Hawaii, Big Island	Oct 07	13	Yellowstone National Park	Jun 07	3
Hawaii, Maui	Jul 07	2	Yosemite National Park	Spr 07	3
Ireland	Apr 07	1			

## BRIDGE NEWS

For detailed information related to bridge meetings and schedules, contact Chairman **John Mahony** at 485-2449

On September 8th, we will begin playing bridge for the new season. If you haven't been called, you are too late and will be called for October meeting. Hope you all had a great summer and ready to use your best skills at the tables.

### TREASURER'S REPORT

For detailed information contact **Ralph Tomson** at 354-2236 or [rotomsonre@yahoo.com](mailto:rotomsonre@yahoo.com)

August 2008 - Year to Date

Beginning cash balance:	\$1991.68
Contributions:	1,177.00
Operating expenses:	1,057.60
Net gain:	119.40
Custodial receipts:	6,665.00
Custodial disbursements:	6,721.67
Net Gain:	-56.67
Ending cash balance:	\$2,054.41
August attendance: members-66, guest-2, total-68	

### MEMBERSHIP NEWS

For detailed information contact **Jim Rae** at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from [james.rae@att.net](mailto:james.rae@att.net).

The following membership changes were made at our July meeting: Greg Bland was transferred to the Inactive list. We now have 103 active members and 18 inactive members for a total of 121

### Growing Things continued from pg 2

Seedlings of early maturing tomatoes can be planted to replace plants that are on their last legs.

**Fall Planting** The cooler weather and shorter days of fall make it a more ideal planting season than spring, as long as an early frost doesn't spoil everything. Peas, spinach, broccoli, cauliflower and greens can all be planted in July and August for harvest in September and October. In milder areas, harvesting can extend into winter.

When seeding in late summer, plant your seeds a little deeper than you would in the spring, to take advantage of cooler soil and moisture. Shading the newly planted seeds and seedlings will help protect them from the summer sun. Mulch, row covers, and taller plants, like your mature tomatoes, can be used for this.

**Extend the season** Cool nighttime temperatures send a signal to many plants to stop producing new fruits. If cool temperatures or a frost are inevitable, cover your crops with floating row covers. These light-weight woven fabric allow light and water to come through, but raise the temperature slightly. If your crops need to be fertilized by insects, the row covers should come off during the day.

## Fun Stuff

The first person to provide correct solution will receive a prize at the next regular meeting. Send your answers by e-mail to Bob Carlstroem at carlstroem@sir150.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month's correct solution was provided by **Andy Munson**.

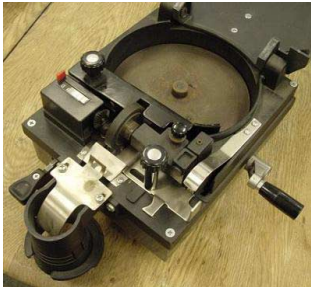
### It is time for a math problem

Suppose it takes 8 hours for Ralph and Ray to count all of the money collected in the gold pan after one of our meetings.

Now, since Ralph is use to counting money collected from the fellows for Sloughouse corn, it can be determined that he could count all of the gold pan money, by himself, in 12 hours.

That being the case, how long would it take Ray to count the money by himself?

**Note: You will be disqualified if you call either Ralph or Ray to find out the answer.**



**July solution:  
A Coin Counter**

Bob Carlstroem, Editor  
7990 South Lake Circle  
Granite Bay, CA 95746



## Honored Members

### Past Big Sirs

1989	George Erkson *
1990	Jim Eastlund *
1991	John Mahony
1992	Lou Parton *
1993	Ken Allard
1994	Ruel Smith
1995	Bill McCarthy *
1996	Tom Wirth *
1997	John Means
1998	Jim Delk
1999	Bob Smith
2000	Bob O'Neal
2001	Lou Joaquin *
2001	Joe Ramay
2002	Bob Trathen
2003	Jim Rae
2004	Len Bloom
2005	Don Severance
2006	Bob Carlstroem
2007	Jerry Courter

\* Deceased

### Honorary Lifetime Member

John Mahony	2001
Jim Rae	2007

### Birthday Boys

Gomez	Alfred M	6-Sep
Ferreirae	William L	7-Sep
Qualls	Clinton F	8-Sep
Duffy	John M	9-Sep
Allard	Kennett I	11-Sep
Schweickert	Ben V	11-Sep
Cheyne	Bill	13-Sep
Chargin	Robert A	15-Sep
Jensen	Neil	20-Sep
Munson	Andrew W	26-Sep

### September Humor

A blonde went out to her mail box and looked in, closed the door and went back in the house. A few minutes later she went out and looked in the mail box again. She did this several times and her neighbor that was watching her said: "You must be expecting a very important letter today the way you keep looking into your mail box." The blonde answered, "No, I am working on my computer and it keeps telling me that I have mail."

**NON RESPONSIBILITY DECLARATION:** All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

**PAYMENT FOR TRIPS AND TOURS:** Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

**ATTENDANCE:** Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).