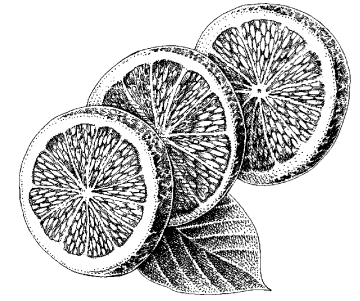




# Orangevale Branch 150



State SIR website: [www.sirinc.org](http://www.sirinc.org)  
 Branch 150 website: [www.sir150.com](http://www.sir150.com)  
 Branch 150 editor: Bob Carlstroem - [carlstroem@sir150.com](mailto:carlstroem@sir150.com)

## February 2007

| Meetings - 3rd Wednesday of Each Month |                                 | Next Meeting - February 21, 2007 |   |
|--|---------------------------------|----------------------------------|---|
| <b>Location</b>                        | <b>Regular Monthly Schedule</b> | <b>Menu:</b>                     | Ham, scalloped potatoes, green beans, and dessert |
| Rancho Cordova Elks Lodge              | Business meeting 10:30          | <b>Speaker:</b>                  | Bob Epperly                                       |
| 11440 Elks Circle                      | Social time/registration 11:00  | <b>Topic:</b>                    | Natural Golf                                      |
| Rancho Cordova, CA 95742               | Meeting/luncheon 11:30          |                                  |   |

### From Big and Little Sir

**Big Sir says:** I really enjoyed listening to Art White III talk about his preparation for, and his tour of duty in Iraq. He really did a great job of giving us some first hand information related to what he encountered while he was on active duty. It was good to get some information (news) that didn't come through the media.

I have been busy updating myself on all of the responsibilities of the Big Sir. I figure, in another 12 months, I will have it all figured out. I would like to thank everyone who has listened to all of my questions and has given me some very meaningful answers. As I write this column, we still have one chairmanship open for the year. We still do not have a Travel Chairman. I have been making phone calls the last couple of weeks. As a result of those calls, I want to thank Dick Clausen for stepping forward and accepting the Historian Chairmanship and Norm Green, who will be Chair for Attendance. Both Norm and Dick are coming in with a lot of enthusiasm. I am looking forward to working with both of them during the year.

Our lunch count was off this month. When the actual lunch count is over the expected number in attendance, it puts the club in a position of having to compensate the Elks for extra lunches. This is a club expense we don't need, so be sure you give your caller accurate information about your attendance at the meetings. And if you have a change in plans after you received the call, let Bob Naubacher or your caller know, so adjustments in the count can be made prior to the meeting day.

Have a great day. See you on the 21<sup>st</sup>.

**Little Sir says:** I am looking for help from ya'll with regard to speakers, etc.. Please feel free to send me comments on the speakers, what you did and did not like, and if there is something that you think the whole group would like to hear about. Other than that, we have already had our first hint of spring, and I am looking forward to our picnic in June.

### February Speaker - Bob Epperly



Bob is a graduate of Sacramento State (1969) and has been a teaching pro since 1971. He taught the conventional golf swing until 1999, at which time he became certified as a Natural Golf instructor. He was featured on the Golf Channel in June and July of 2005 as one of the five instructors involved in the Natural Golf Make-over Challenge. He is currently the golf pro at the Antelope Greens golf course in Antelope California. *By Stan Wirth*

| Branch 150 Executive Committee |                |          | Branch 150 Committee Chairmen |                    |                |                       |                |                |
|--------------------------------|----------------|----------|-------------------------------|--------------------|----------------|-----------------------|----------------|----------------|
| Big Sir                        | Jerry Courter  | 353-0715 | Attendance                    | Norm Green         | 723-0973       | Greeter/Pub Relations | Bill Ferreirae | 635-6093       |
| Little Sir                     | Stan Wirth     | 362-1748 | Booster                       | Charlie Martin     | 858-1453       | Historian             | Dick Clausen   | (530) 622-4817 |
| Secretary                      | Leon Vann, Jr. | 684-9603 | Bowling                       | Tom Bittner        | 723-1497       | Membership            | Jim Rae        | 967-4951       |
| Asst. Secretary                | Bruce Kennedy  | 363-5412 | Bridge                        | John Mahony        | 485-2449       | Newsletter Editor     | Bob Carlstroem | 791-3608       |
| Treasurer                      | Ralph Tomson   | 354-2236 | Chaplain                      | Joe Ramay          | 635-1158       | Nominating            | Bob Carlstroem | 791-3608       |
| Asst. Treasurer                | Raymond Avila  | 481-2402 | Communications                | Bob Neubacher      | 685-7528       | Nom. Asst.            | Don Severance  | 961-6668       |
| Director                       | Bob Carlstroem | 791-3608 | Comm. Asst.                   | Ralph Tomson       | 354-2236       | Nom. Asst.            | Leonard Bloom  | 961-2225       |
| Director                       | Don Severance  | 961-6668 | Fishing                       | Bob Bonner         | 961-5403       | Quartermaster         | Walt Nauer     | 966-3588       |
| Director                       | Len Bloom      | 961-2225 | Golf                          | Harold Doppelmayer | 922-6134       | Social Affairs        | Pat Andrews    | 525-0773       |
| Director                       | Jim Rae        | 967-4951 | Golf Asst.                    | John Sigl          | 362-2429       | Travel & Events       | Open           |                |
| Director                       | Bob Trathen    | 927-5987 |                               |                    |                |                       |                |                |
| Director                       | Joe Ramay      | 635-1158 |                               |                    |                |                       |                |                |
|                                |                |          | State President               | Tom Ross           | (530) 673-6573 | Director Region 2     | Ronald McCall  | (530) 622-5424 |
|                                |                |          |                               |                    |                | Governor Area 31      | Al Dumont      | (916) 635-7813 |

# Spotlighted Sirs

By Bruce Kennedy



Jim Rae

Jim was born and raised in San Francisco. He graduated from Mission High School. His dad was a dentist. Getting ready for college, a friend - taking the engineering entrance exam for UC Berkeley - talked Jim into taking the test as well. He started in 1948 and was part of an event so rare that Jim is sure he had to be partly responsible: Cal went to the Rose Bowl in three of his four years.

Graduating in 1952 Jim applied for Officer Candidate School in the Navy, and was accepted only after using his Army draft physical to convince the Navy he did not have a heart murmur. It was off to Newport, Rhode Island. Following graduation, Jim applied to be an Aviation Ground Officer. This involved schools in Jacksonville and Memphis before being assigned to an antisubmarine Squadron in North Island, California. He did do two cruises in Korea. Since North Korea had zero submarines they played tag with Chinese and Russian subs. On release from active duty Jim took a job with Cal-Trans and stayed in the Naval Reserve at Naval Air Station Oakland (now the site of Oakland International) before moving to Alameda NAS.

Backing up, Jim met a charming young lady named Florine (a friend of his sister) at Job's Daughters social events. However, with time taken out for college and the Navy, they lost contact. While playing tennis years later at Treasure Island, Jim injured his arm. His stepsister took him to Saint Luke's Hospital and the receiving nurse was, you guessed it, Florine. Jim was so grateful for being nursed back to health, they were married January 1961. In 1961 he received his masters degree, passed his engineering registration exam, and was recalled to active duty for a year by the Navy. A big year!

Much of Jim's career was involved in Bay Area transportation. He was involved in the Embarcadero, Bayshore, and Junipero Serra (I-280) freeway projects. That last one gets him a lot of forgiveness, great job Jim! In 1968 he was in charge of San Mateo county highways and then made a shift to public transportation with his first assignment to work on BART. From there he was involved in the move to double-decker cars on the CAL-Train on the Peninsula to San Francisco, train service up and down the Central Valley and in San Diego. He also was involved in establishing push-pull intercity trains in San Francisco. Jim retired in 1993 and joined SIR in early 1994. Lou Parton was his sponsor. Jim had never played golf. After hearing that the golfers were not very good he came out and found it was true. So he stayed. He was Branch golfer of the year in 1997 and 2000 and credits his success to the best club in his bag, his pencil. He has gone through the chairs taking on membership when he was Big Sir. The Rae's have two daughters and are very involved with the Sacramento Symphony. Jim is also a member of the Carmichael Planning Commission.

## Did You Know?

The word 'pound' is abbreviated 'lb.' after the constellation 'libra' because it means 'pound' in Latin, and also 'scales'. The abbreviation for the British Pound Sterling comes from the same source: it is an 'L' for Libra/Lb. with a stroke through it to indicate abbreviation.



Dick Clausen

Dick was born in Hollywood and had a "roll-on" part in a movie while still in his baby carriage. Dad worked for the government and Mom's company made artificial flowers including the field of poppies in the Wizard of Oz. Dick lived in Glendale and then the family moved to Gerber and he completed High School at Red Bluff. On his first day in Spanish class, the teacher told him to pick any of the three available seats. He chose the one behind the prettiest

girl in class, Irene. They celebrated their 56<sup>th</sup> wedding anniversary this last August.

While in Red Bluff he was the co-athlete of the year for Northern California for his undefeated efforts in high and low hurdles. He attended the state meet but had the bad luck of hitting two hurdles in a loss to Jack Davis, an athlete with very similar times. Jack went on to two Olympic silver medals. Dick started at Cal in 1949 and always thought he, not Jim Rae, was responsible for Cal's Rose Bowl appearances. While a freshman at Cal, Dick ran the hurdles against the great Bob Mathias and barely lost. Who else can say that?

Dick left UC after a year and a half for a job with the Coast Geodetic Society and then ran into the Korea draft. He volunteered and was sent to Schofield Barracks in Oahu for basic training. While there he applied for OCS and was accepted. After Leadership training at Camp Roberts he went to Fort Riley, Kansas for OCS. He joined the Quartermaster's Corp. as a 2<sup>nd</sup> Lieutenant and spent the rest of his time at Fort Lee, Virginia and Fort Lewis, Washington where the Clausen's welcomed their first two children in 1953 and 1954.

Following his service release in 1954, Dick returned to Cal to obtain his teaching degree and credential. To supplement his G.I. Bill and meet his family's needs which, by then, totaled three children, he worked the 5 p.m. to 2 a.m. shift at the old Berkeley Co-op store (the first of its kind). Weekends were for studying and sleeping. The family moved to Sacramento in 1958 where Dick took a teaching position in physical education that included the position of track team coach at Sacramento High. Over the next eight years he compiled a 103 and 2 win/loss dual meet record and welcomed child number four. In 1966 Dick took a job as a marketing research interviewer with his mother's company in the Bay Area. But after two years his two loves, teaching and coaching, brought him back to Sacramento at Casa Roble High School where he coached track, cross country, bowling, and badminton. He became the PE department chairman.

George retired in 1991. You might wonder why it took Dick until last March to get around to SIR. Well, he was a member of SIR Branch 70 in Placerville for several years until the golf chair left and the program went into limbo. Luckily, an old teaching buddy and Branch 150 member, Norm Green, came to the rescue and Dick joined or branch.

The Clausen's recreation plans each year include extended time in Maui, Mesquite, and Cody, Wyoming (where their youngest daughter lives). Golf is included. The other three children are in Elk Grove, Stockton, and San Francisco.

## GOLF NEWS

Call Harold Doppelmayer at 922-6134 or his assistant John Sigt at 362-2429 if you have questions or concerns. Tournament sign-ups are available at each monthly luncheon and at all tournaments.

### Cordova Golf Course

#### **Weekly Tournament Play**

Every Friday except the last Friday of the month  
Sign-up when you show up

#### **End-of-Month Scramble**

Every last Friday of the month  
Prior sign-up required

### 2007 Away Tournaments

*February 20th - Barley Cavanaugh*  
*March 7th - Teal Bend*  
*March 20th - Micke Grove*  
*April 4th - Lockford Springs*  
*April 16th - Alister Mackenzie*  
*May 8th - The Reserve At Spanos Park*  
*May 22nd - Rio La Paz*  
*June 6th - Plum Lake*  
*June 19th - Wildhawk*  
*July 10th - Dry Creek Ranch*  
*July 24th - Ancil Hoffman*  
*August 8th - Mace Meadow*  
*August 21st - Mather*  
*September 5th - Wild Wing*  
*September 18th - Green Tree*  
*October 9th - Bass Lake*  
*October 22nd - Bing Maloney*  
*November 5th - Alister Mackenzie*  
*November 19th - Wildhawk*

#### **Pace of Play**

For the away players: I have noticed the last few tournaments that there seems to be a foursome or two that is out of position on the golf course - at least one and sometimes two or three holes behind. The slow foursome **must let the foursome behind play through and then keep in position.** The policy from now on will be that if a group is out of position, they must make every effort to get back in position. If that is not done, that group will be last off the tee in the next tournament they play together.

Another option I have been considering for some time is to have two high handicap players pair up with two low handicap players. I know that might create some flak, but something has to be done to speed up play and make it more enjoyable for everyone. Hopefully this problem will self correct and adjustments will not be needed.

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## FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Folsom Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM. If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact Bob Bonner at 961-5403

The weather has been cold and the fishing has been slow for those who braved the weather. Just a review of last year. During the eleven Derbies fished in 2006 a total of 507 fish were caught. Total derby attendance was 327 Hookers and guests. The biggest catch for a single derby was 112 fish. The smallest catch for a single derby was 6 fish whose weight (142 lbs.) far exceeded the total weight of the 112 others that were boated (approximately 100 lbs.). The most fish caught for the year by a single Hooker was 32 by Hil Felton. The big ones are waiting for us and the Hookers will be out there enjoying the outdoors. As Ron Madsen (Head Hooker) says, "Every hour spent fishing adds a day onto your life."

## TRAVEL & EVENTS

All SIR members are welcome to go on any trip with other branches when space is available. Put a little joy in your life traveling with your old and new friends on a SIR trip. A Branch 150 travel chairman is needed. If interested, contact Jerry Courter.

### TRAVEL WITH BRANCH 33 & DALE

DALE MARTIN – 359-6121

[dmartin@winfirst.com](mailto:dmartin@winfirst.com)

Reno & Tahoe turnarounds lv CC Lanes @ 7:30

Local Indian Casino trips lv CC Lanes @ 9:30

**OUR NEXT TRIPLE BAR DAY**  
**February 16<sup>th</sup>**

**SILVER LEGACY – RENO**

**Receive \$10 & \$5 food credit**

**MAR 16**

Get \$10 instant rewards & \$5 food credit. Cost is \$25

**MAR 21-22**

Get \$50 rewards (cash & food). Includes show, breakfast buffet, & dinner buffet. Cost is \$113

**APR 20**

Get \$10 instant rewards & \$5 food credit. Cost is \$25

**MAY 18**

Get \$10 instant rewards & \$5 food credit. cost is \$25

**JUN 15**

Get \$10 instant rewards & \$5 food credit. Cost is \$25

**Later in 2007 - SPAIN**

**TRIPLE BAR DAY – SILVER LEGACY – RENO**

Get \$10 instant rewards & \$5 food credit. Cost is \$25

**THE 12 IRISH TENORS – EL DORADO - RENO**

Get \$50 rewards (cash & food). Includes show, breakfast buffet, & dinner buffet. Cost is \$113

**TRIPLE BAR DAY – SILVER LEGACY – RENO**

Get \$10 instant rewards & \$5 food credit. Cost is \$25

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## BRIDGE NEWS

For detailed information related to bridge meetings and schedules, contact Chairman John Mahony at 485-2449

With an unbelievable score of 6500 for six rounds, Tom Bittner started his New Year off right! As the tallies came in, the rest of us kept moving down behind Joan Conyers, Ken Struwe and Bob Miller, in that order. Mac was not happy with a low 1220. The group was pleased with IHOP. The room was large and bright. It was private with no other patrons or loud music. And the food was served hot. So, we will meet there next month. It is also large enough to host more tables, so if you would like to join us, call Tom or John. Tom will be calling for the February 12th games. We will be in Hawaii for the month of February. This is an ugly job but someone has to do it. See when we return. Aloha

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## MEMBERSHIP NEWS

For detailed information contact Jim Rae at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from [jamesrae@earthlink.net](mailto:jamesrae@earthlink.net).

### **Changes for November**

**Added Members:** Leo Lozano, Steve Sheridan, Tom Murray, and Jim Jorgensen.

**Dropped Members:** Mel Odemar

**Members changing status:** None

We now have 105 active members and 14 inactive members for a total of 119.

**Note: If you are bringing a guest to the luncheons, please let your caller, or Communications Chair, Bob Neubacher (685-7528) know for our lunch count. For membership applications, call Jim Rae or visit our website at [www.sir150.com](http://www.sir150.com)**

# Fun Stuff

The first person to provide the most solutions will receive a prize at the next regular meeting. Send your answers by e-mail to Bob Carlstroem at carlstroem@sir150.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month's puzzle was solved first by Leon Vann Jr.

## How many of these four can you solve?

The object of the puzzle is to find a pair of rhyming words, starting with the given letters, that will satisfy the given definition.

For example, the answer to N H = Cool would be NOT HOT

- R Z = Genuine enthusiasm
- M D = Ten lost years
- L D = Cruise ship restaurant
- C S = Captain of a sailing vessel
- S S = Ace detective
- F T = Tall floral arrangement
- L E = Be like Bo-Peep
- B S = Metal birds
- S C = Odd transformation
- R K = Boxing champion

## December Solution

- A: UND(ERGRO)UND
- B: 3
- C: Each can have ANT appended to form a new word
- D: IBIS is a bird, the others are mammals

## Confucius Say:

- ...**Old Bachelor** he man who now have money to burn but pilot light gone out.
- ...**Golf is game** in which small ball is chased by man who too old to chase anything else.

Bob Carlstroem, Editor  
7990 South Lake Circle  
Granite Bay, CA 95746

# Honored Members

## Past Big Sirs

- 1989 George Erkson \*
- 1990 Jim Eastlund
- 1991 John Mahony
- 1992 Lou Parton \*
- 1993 Ken Allard
- 1994 Ruel Smith
- 1995 Bill McCarthy \*
- 1996 Tom Wirth \*
- 1997 John Means
- 1998 Jim Delk
- 1999 Bob Smith
- 2000 Bob O'Neal
- 2001 Lou Joaquin \*
- 2001 Joe Ramay
- 2002 Bob Trathen
- 2003 Jim Rae
- 2004 Len Bloom
- 2005 Don Severance
- 2006 Bob Carlstroem

## Honorary Lifetime Member

- John Mahony 2001
- Jim Eastlund 2002

\* Deceased

## Birthday Boys

- |           |            |          |
|-----------|------------|----------|
| Ellington | Ross D.    | 1-Feb    |
| White     | Arthur N.  | 5-Feb    |
| Vann, Jr. | Leon       | 10-Feb   |
| Howell    | Ronald R.  | 16-Feb** |
| Warner    | Mark C     | 19-Feb   |
| Gengler   | William B. | 21-Feb   |
| Lamberson | Calvin L.  | 21-Feb   |
| Sigl      | John F     | 21-Feb   |
| Avila     | Raymond    | 22-Feb   |
| Blanton   | Parke      | 28-Feb   |

### \*\* Note: Something New

For 2007 the newsletter will pick one member **randomly** and provide historical information related to his birth date.

### February 16th in History

- 1913:** President Taft agrees not to intervene in Mexican civil war
  - 1937:** Nylon is patented
  - 1956:** Britain abolishes the death penalty
  - 1959:** Fidel Castro becomes the President of Cuba, overthrowing Fulgenico Batista
  - 1960:** The nuclear powered submarine 'Triton' sets off on its round the world underwater voyage.
- Editor's note: The captain of the Triton was my cousin: Captain Edward L. Beach, Jr. He also wrote the book "Run Silent, Run Deep" which was made into a movie. **Believe or not, February 16 was randomly selected!***

**NON RESPONSIBILITY DECLARATION:** All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

**PAYMENT FOR TRIPS AND TOURS:** Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

**ATTENDANCE:** Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

