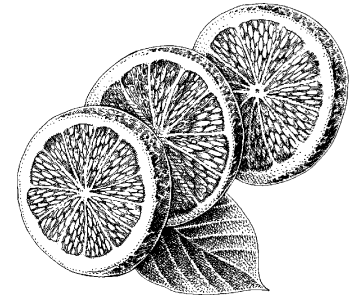




Orangevale Branch 150



State SIR website: www.sirinc.org

March 2006

Meetings - 3rd Wednesday of Each Month		Next Meeting - March 15, 2006	
Location	Regular Monthly Schedule	Menu:	Corned beef and cabbage, carrots, potatoes salad, and dessert
Rancho Cordova Elks Lodge 11440 Elks Circle Rancho Cordova, CA 95742	Business meeting 10:30 Social time 11:00 Luncheon 12:00	Speaker:	Jeff Metzinger
		Topic:	Disasters

Jeff Metzinger

March Speaker

Jeff is the Battalion Chief of the Training Division of the Sacramento Metropolitan Fire District. Jeff has been working in Fire Service



for twenty-three years and has been a member of the Sacramento Urban Search and Rescue Team for the last ten years. Jeff is a graduate of California State University, Sacramento.

He responded to the World Trade Center on September 11, 2001 and was also dispatched to the Gulf after Hurricane Katrina hit in 2005. His presentation will cover similarities and differences in the two deployments, one a terrorist act and the other a natural disaster.

The presentation will include a sampling of photos from New York and Gulfport, Mississippi. Jeff plans to arrive a little early and set up a portable display with pictures of each disaster. Be sure to be early enough to see the pictures and talk to Jeff before his presentation. Jeff's presentation will give each of us an opportunity to get a better understanding of the preparations and activities that go on behind the scenes in an effort to save lives during a disaster.

Food, Salsa, & Tequila

by Bob Carlstroem

Well I guess it is my turn to throw in a little travel news. We just got back from Arizona where we joined an Elderhostel program in Tucson titled *Food, Salsa, and Tequila*. Now before you snicker, I just want you to know that the program was conducted by the University of Arizona with an emphasis on the history and culture of the Southwest including its food. Did we eat well? Most certainly. Did we do any cooking? No, but we observed a couple of accomplished chefs and sampled some really great foods.

Travel Corner

We spent 3 days in Tucson and then we went on to Nogales which is a city divided by the US - Mexican border. We spent one day south of the border. Nogales was surprisingly cool. It is at an elevation of 4,000 feet, and

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Branch 150 Executive Committee			Branch 150 Committee Chairmen					
Big Sir	Bob Carlstroem	791-3608	Attendance	Ron Chute	791-4087	Historian	Fred Harris	983-4843
Little Sir	Jerry Courter	353-0715	Booster	Charlie Martin	858-1453	Membership	Jim Rae	967-4951
Secretary	Fred Holton	965-1483	Bowling	Tom Bittner	723-1497	Newsletter Editor	Bob Carlstroem	791-3608
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	John Mahony	485-2449	Nominating	Don Severance	961-6668
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Director	Len Bloom	961-2225	Fishing	Leon Vann, Jr.	359-2375	Social Affairs	Pat Andrews	525-0773
Director	Jim Rae	967-4951	Golf	Harold Doppelmayer	922-6134	Social Affairs	Don Severance	961-6668
Director	Bob Trathen	927-5987	Golf Asst.	John Sigl	362-2429	Travel & Events	John Galik	366-0195
Director	Joe Ramay	635-1158	Greeter	Bill Ferreirae	635-6093			
Director	Fred Harris	983-4843						
			State President	Robert G. Curley (209) 549-0792		Director Region 2	Hal Stephens	(530) 295-1867
						Governor Area 31	Al Dumont	(916) 635-7813

Spotlighted Sirs

By Bruce Kennedy



John Ramos

John's parents came to this country from Spain and he wound up in Vacaville. The Navy became his service of choice to see the world as his recruiter promised. Drilling through the waves in the North Atlantic did not sound like fun so he went into aviation and got into electronics. After schooling, he became involved with P-5M (Marlins) Squadrons fixing their equipment and flying with them. Blunt, loud and cranky, this

aircraft justly earned its nickname as the "Pig Boat." And, this meant instead of being in the North Atlantic he was stuck in that "hell" called Bermuda and insists it was tough duty to this day.

After active duty, John stayed involved with the military as an electronics specialist at McClellan AFB and made a secondary career of buying fixer-upper houses and remaking them. Over the years at McClellan he worked on and supervised crews on the airplanes and on the ground. Then, in 1993 the Air Force made John an offer he could refuse: pack up and move to wonderful central Oklahoma. Offered a bonus that no one explained was NOT tax-free, John elected to stay in California and retire.

He was quickly swept into SIR by a co-worker, Lee Petersen in 1994. The hook was golf, a game that John used for therapy while working. He reports it is a lot better playing with SIR than when he tried the game while working. No one in SIR laughs at your swing, and you can actually make time to play. (Maybe those holding back their chuckle recognize the peril of living in a glass house.) John can also claim credit (or blame) for bringing his brother-in-law Rich Lauther and Harold Dopplemayr into the Chapter.

Now John enjoys camping and "sandailing". That means risking your life racing up and down sand dunes all over the western US. John now says this is therapy for golf. Life as a "snowbird trailer trash" has taken him to most western states for some extended stays. The most scenic trip was to the Oregon dunes near Florence, but the biggest dune area is in Idaho west of Yellowstone. He reports that California is doing its best to close down Pismo Beach and other places.

While camping near the Yuma Proving Grounds John found out there were free daily shows. This is where a lot of Army parachute training takes place and the Golden Knights have their home. It is also where a lot of tanks who wage mock battles you can watch from the hills above. It may not be live fire, but John reports there are some pretty good explosions accompanying the exercise.

John and his wife, Peggy, live on a half acre in Sacramento and he has a sister living in Vacaville.

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though quite warm in the summer the nights cool down to the 50's and 60's. We were also surprised to learn that approximately 80% of all winter produce consumed in the U.S. passes through Nogales. The goods are brought in from Mexico, collected by produce brokers in numerous warehouses and then trucked to all parts of the country.

Our travels on the way to Tucson took us over the Sierra, down 395 through Death Valley, Laughlin NV (since a new bridge is being built, it is no longer an easy trek over Hover Dam), Sedona AZ, and a short stop to see an Army buddy in Phoenix. After the Elderhostel program, my wife Barbara and I drove north to see a few parts of Arizona we didn't



Doug Hilton

Doug is not yet through his first year of retirement, but seems to be adapting quite well after calling it a career last June. After getting his teaching credential (yet, another teacher) from Sonoma State, Doug started with the Folsom-Cordova School District where he stayed for 35 years. Twenty-three of these were at Mills Jr. High and the last twelve at Cordova High. Doug taught algebra for most of that time. I know

at least a few of us have had children in his classes. He also has lived in Rancho Cordova his entire teaching career.

The road Doug took to SIR was also paved with golf. He was a member of two other groups, but figured with retirement he could easily fit in another round or two. He's gets in three or four rounds per week now, weather permitting. He is a member at El Dorado Hills.

Doug puts a fair amount of recreation time into another sport as well. He plays adult/senior baseball for two teams in the Sacramento area. He has gone to the Phoenix World Series in different age groups and has nine world series rings. He also went back to Clear Water Beach's "Fall Classic" and won there with the only west coast team ever to go. His lifelong love of the game started many years ago. As a pitcher for his 16-0 Mason High team in Michigan, he capped off the season with a no-hitter in the last game. Five members of that team did reach tryouts for professional baseball.

He has coached most of his teaching career. This includes working many years with the Cordova freshman team. (*Author's note:* I can vouch for his 10 - plus years of coaching boy's soccer as well, since I remember the shellacking my teams routinely took at the hands - actually the feet - of Coach Hilton's Rascals.)

Most of Doug and his wife Nancy's family still reside in Michigan. Their vacation plans always include an annual summer trip there. Doug's mother just had her 88th birthday on Ground Hog's day this year while Doug and Nancy were visiting. They have a son who lives in Rancho Cordova. Doug is very active with his church. He participates with the choir as an usher and "sound man." He also helps his wife who runs the church book store. Doug loves to read and, as you would expect, likes mathematical puzzles. This includes the new Japanese number puzzle "Sudoku" appearing in the Bee.

**Confucius Say: Cow with no legs
ground beef.**

see on our way down to Tucson. This included the Painted Desert, Petrified Forest, and the magnificent Grand Canyon. The weather held for us the entire trip. On the way back we spent two nights in Laughlin to pay our dues to Nevada and then high-tailed it home in one day (a little over 10 hours coming up highway 99). We thoroughly enjoyed all aspects of our trip. We drove 2,770 miles at an average cost per gallon of \$2.38. My Toyota Tacoma 4X4 averaged 20.80 miles per gallon. Should you wish more information on the Elderhostel programs or details of our trip please feel free to call me at 791-3608.

GOLF NEWS

Call Harold Doppelmayr at 922-6134 or his assistant John Sigl at 362-2429 if you have questions or concerns. Tournament sign-ups are available at each monthly luncheon and at all tournaments.

Cordova Golf Course Weekly Tournament Play

Every Friday except the last Friday of the month.
Sign-up when you show-up

End-of-Month Scramble
Every last Friday of the month.
Prior sign-up required

Away Tournaments

March 8 th	Teal Bend	July 18 th	Ancil Hoffman**
March 21 st	Micke Grove	August 2 nd	Mace Meadow
April 5 th	Lockford Springs	August 22 nd	Mather *
April 17 th	Alister Mackenzie **	September 6 th	Wild Wing
May 10 th	The Reserve At Spanos Park	September 19 th	Green Tree
May 23 rd	Rio La Paz	October 4 th	Bass Lake
June 6 th	Plumas Lake	October 16 th	Bing Maloney**
June 20 th	Wild Hawk	November 6 th	Alister Mackenzie**
July 5 th	Dry Creek Ranch	November 21 st	Wild Hawk

* Schedule Change

** Capitol City Cards must be up-to-date

The date given for the Carson City trip was stated wrong at the February meeting. The correct dates are Aug. 15 - 18. Particulars will be made known when they are received from Don Andrews.

The Mather tournament interfered with Carson City, and has been rescheduled for the 22 of August.

Since everyone has become an honorary member in the USGA, courtesy of the NCGA, all should have received the *2006-2007 Rules of Golf*. I am suggesting that everyone, this month, read *How to Use the Rules Book* on the first page; the sections on etiquette and definitions; as well as Rules 1 through 3. Next month we will do Rule 4 and 5. Of course if anyone finds that this is exciting stuff, by all means, continue on.

Poppy Hills

The Poppy Hills qualifying tournament is being played on the 9th of May. It will be played at Mather. The green fee is \$25 and the cart fee is \$14.

MEMBERSHIP NEWS

For detailed information contact Jim Rae at 967-4951.

Printed rosters are available at the monthly meetings or an electronic copy can be requested from jamesrae@earthlink.net.

Changes for February

At the January meeting we made the following membership changes:
Added Member: Bob Burns.

We now have 106 active members and 14 inactive members for a total of 120.

We raised our maximum membership limit to 150 from 125 so we have room to continue growing.

FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Folsom Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM. If you are a fisherman and want to enjoy like company, why not join us for breakfast.

TRAVEL & EVENTS

All SIR members are welcome to go on any trip with other branches when space is available. Put a little joy in your life traveling with your old and new friends on a sirs trip. For detailed information contact John Galik at 366-0195

Play It Again Sam

April 27th, 2006

Dinner and Show

at

Garbeaus Dinner Theater

Seating 6:00 - 6:30 pm

Play begins at 8:00 pm

Discounted Price - \$78.36 per couple
A minimum of 14 is required to get the discount

BRIDGE

For detailed information related to bridge meetings and schedules, contact Chairman John Mahony at 485-2449

We had four tables in February. Seven rounds were played and the winners all scored over 5000 points. The winners were Leona White, Ron Chute, Ken Strewé and Bob Miller. Tom Bittner will host the March games.

From Big & Little Sir

Big Sir says: As Little Sir states in his remarks below, we are trying to address some the luncheon problems. As stated before, our lunch count is extremely important. So, please do your part by contacting your caller **by the Wednesday** before our meeting if you have a change of plans. If you plan to invite a guest, please pass that on to the caller as well.

Our travel chair, John Galik, wants to provide all the travel opportunities possible. If you have suggestions, please feel free to let John know of your desires. From time to time we publish other branch travel events which are open to all branches provided room is available.

Little Sir says: During the last couple of months there have been some discrepancies between the number of lunches we determined by the telephone count and the number of lunches served by the Elks Lodge. To insure a more accurate count and save Branch 150 and the Elks any unnecessary expenditure, the lunch ticket you get at the time of purchase will be collected by the Elks at the serving area when you pick up your lunch. This will start with the March meeting and will provide an accurate lunch count for the Elks and for us.....**So, lets eat!**

My wife and I just got back from the Grand Canyon. What a beautiful place to see and to remind yourself of the wealth of beauty we have in our country. As I looked at this magnificent sight, I had to stop and think of all of the men and women who have given their life, or part of their life, to protect this country, it's people, and it's belief in freedom. Then I thought of the many men in this club who served in the armed forces, especially during wars, and "conflicts" to protect the ideals we believe in. **The reminders of your service to this country are everywhere, but nowhere more immense than the Grand Canyon.**

Fun Stuff

See if you can figure out the following puzzle. The first person to provide the correct answers will receive a prize at the March meeting. Send your answers by e-mail to Bob Carlstroem at bob@carlstroem.com or mail to 7990 South Lake Cir., Granite Bay, CA 95746. The answer to last month's Puzzle can vary. Jim Rae had the first correct answer with the following solution: 4-1, 7-4, 2-7, 5-2, 8-5, 3-8, 6-3. Harold Doppelmayr's son also had a correct answer. Noble effort once again by Pat Andrews.

Sudoku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9.

	6		3	9				
5			1					
8								7
	4		2			6		
7								8
		3		9			1	
2								5
				4				3
		8	7				2	

What do Retired People Do?

Working people frequently ask retired people what they do to make their days interesting. Well, for example, the other day I went into town and went to a shop in Lake street. I was only in there for about 5 minutes. When I came out there was a cop writing out a parking ticket.

I went up to him and said, "Come on mate, how about giving a senior a break?" He ignored me and continued writing the ticket. I called him a Nazi. He glared at me and started writing another ticket for having worn tires. So I called him a low mongrel. He finished the second ticket and put it on the windshield with the first. Then he started writing a third ticket. This went on for about 20 minutes. The more I abused him, the more tickets he wrote.

Personally, I didn't give a damn. I came into town by bus.

I try to have a little fun each day now that I'm retired. It's important at my age.

Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746

Honored Members

Past Big Sirs

1989 George Erkson *
1990 Jim Eastlund
1991 John Mahony
1992 Lou Parton *
1993 Ken Allard
1994 Ruel Smith
1995 Bill McCarthy *
1996 Tom Wirth
1997 John Means
1998 Jim Delk
1999 Bob Smith
2000 Bob O'Neal
2001 Lou Joaquin *
2001 Joe Ramay
2002 Bob Trathen
2003 Jim Rae
2004 Len Bloom
2005 Don Severance

* Deceased

Birthdays

Huseman	William K	1-Mar
Miller	Robert B	8-Mar
Wirth	Thomas F	13-Mar
Overmyer	Dudley R	16-Mar
Ramos	John A	16-Mar
Boyd	Earl J.	20-Mar

Other Birthdays

Ron Howard	1-Mar-1954
Lynn Redgrave	8-Mar-1943
Neil Sedaka	13-Mar-1939
Jerry Lewis	16-Mar-1926
Fred "Mr." Rogers	20-Mar-1928

Honorary Lifetime Member

John Mahony	2001
Jim Eastlund	2002

NON RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

PAYMENT FOR TRIPS AND TOURS: Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

ATTENDANCE: Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE -** A member who misses three (3) consecutive meetings without notifying the Branch Attendance Committee giving a valid reason, or who attends less than six (6) regular meetings within the last twelve (12) consecutive month period, may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

