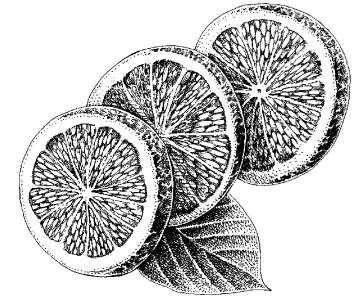




Orangevale Branch 150



State SIR website: www.sirinc.org
 Branch 150 website: www.sir150.com
 Branch 150 editor: Bob Carlstroem - bcarl@surewest.net

October 2006

Meetings - 3rd Wednesday of Each Month		Next Meeting - October 18, 2006	
Location	Regular Monthly Schedule	Menu:	Beef Burgundy, mashed potatoes, green bean/cauliflower gratin, green salad and carrot cake
Rancho Cordova Elks Lodge 11440 Elks Circle Rancho Cordova, CA 95742	Business meeting 10:30 Social time 11:00 Luncheon 12:00	Speaker:	Deena C. Fawcett, Appellate Court of Appeal
		Topic:	Mysteries of the California Court of Appeal



October Speaker

**Deena C. Fawcett: Clerk/Administrator
Court of Appeal, Third Appellate District**

Deena has been a resident of Sacramento for almost her entire life. Deena attended American River College; National University, Sacramento; and California State University, Sacramento, where she obtained a Bachelor of Science degree in Business Administration, Strategic Management.

Professional background: Deena joined the Court of Appeal in 1986 as the court's Administrative Assistant. In 1988 she was promoted to Assistant Clerk/Administrator. In 2001 the court unanimously appointed Deena as Clerk/Administrator.

Professional activities/associations/affiliations: Deena is active on various committees and organizations related to her position as Clerk/Administrator: member, Judicial Council of the State of California, 2005-2008; member, Center for Judicial Education and Research (CJER), Managers and Supervisors Education Committee, 2001-2005; President, California Appellate Court Clerks Association 2005-2006; Secretary, California Appellate Court Clerks Association 1998-2004; member of the Reporting of the Record Task Force 2003-2004; member, Education Committee, California Judicial Administration Conference, 2004; CJER Faculty, Appellate Staff Continuing Studies Program, 2002; member, Education Committee, California Judicial Administration Conference, 2002; Chairperson, Planning Committee, Appellate Staff Continuing Studies Program, 2000; Vice-Chairperson and representative for the Third District, Forecourt Change Control Board.

Deena has been a member of the National Conference of Appellate Court Clerks (NCACC) since 1997. She served on the Executive Committee from 2000-

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Branch 150 Executive Committee			Branch 150 Committee Chairmen					
Big Sir	Bob Carlstroem	791-3608	Attendance	Ron Chute	791-4087	Historian	Fred Harris	983-4843
Little Sir	Jerry Courter	353-0715	Booster	Charlie Martin	858-1453	Membership	Jim Rae	967-4951
Secretary	Open		Bowling	Tom Bittner	723-1497	Newsletter Editor	Bob Carlstroem	791-3608
Asst. Secretary	Bruce Kennedy	363-5412	Bridge	John Mahony	485-2449	Nominating	Don Severance	961-6668
Treasurer	Ralph Tomson	354-2236	Chaplain	Joe Ramay	635-1158	Nom. Asst.	Leonard Bloom	961-2225
Asst. Treasurer	Raymond Avila	481-2402	Communications	Bob Neubacher	685-7528	Nom. Asst.	Jim Rae	967-4951
Director	Don Severance	961-6668	Comm. Asst.	Ralph Tomson	354-2236	Quartermaster	Walt Nauer	966-3588
Director	Len Bloom	961-2225	Fishing	Bob Bonner	961-5403	Social Affairs	Pat Andrews	525-0773
Director	Jim Rae	967-4951	Golf	Harold Doppelmayer	922-6134	Social Affairs	Don Severance	961-6668
Director	Bob Trathen	927-5987	Golf Asst.	John Sigl	362-2429	Travel & Events	John Galik	366-0195
Director	Joe Ramay	635-1158	Greeter/Pub Relations	Bill Ferreirae	635-6093			
Director	Fred Harris	983-4843						
			State President	Robert G. Curley (209) 549-0792		Director Region 2	Hal Stephens	(530) 295-1867
						Governor Area 31	Al Dumont	(916) 635-7813

continued from front page

2002. Deena is currently a member of three committees within the NCAAC.

Professional Honors: Deena is the coordinator of the Appellate Court Outreach Program for which the Court of Appeal, Third Appellate District, received the 2001 Ralph N. Kleps Award. She has successfully coordinated 12 out of the 13 programs.

Personal Interests: She has two adult daughters. Deena enjoys scuba diving, snow skiing, water skiing, traveling, stained glass, and photography.

October Presentation: Deena will try to take some of the mystery out of the operations of the California Court of Appeal.

If you are unfamiliar with the Court of Appeal and how it fits into the State's judicial branch of government, Deena will try to help you solve the mystery. She will try to answer questions such as: What is the court of Appeal? How do cases get to the court? What does the court do with cases? Can people take their cases beyond the Court of Appeal? You will be able to get the answers to these, and other questions you might have, at our October meeting.

From Big & Little Sir

Big Sir says: I want to again thank the entire membership for working so hard to provide accurate projected luncheon counts. This is an entire organizational effort and, so far, your efforts are paying off. A couple of reminders may be in order: Remember that the only requirement is that members must attend the monthly luncheon and that the entire cost of the meal is passed directly to the Elks. Our only source of funds is the gold pan and purchased incentive tickets. We thank you for your generosity.

We are very excited about our planned Christmas holiday meeting. We have a great menu and excellent entertainment scheduled. And, we have been able to provide this for \$5 less than last year. Tickets will go on sale at our next luncheon for \$20.

Little Sir says: Little Sir does not have much to say this month. So I think I will discuss process. Each month we have a speaker at our luncheon. These speakers come from three sources:

1. The Sacramento area Little Sirs meet once a month to share information about speakers that have presented at their club. This information becomes a resource for the other clubs.
2. The Little Sir, through day-to-day activities, "discovers" a potential speaker and asks him/her to speak at the luncheon meeting.
3. Members of the club recommend speakers, to the Little Sir, that they think would be interesting.

Through these three sources the goal of the Little Sir is to bring a variety of speakers to our monthly meetings. This year we will have had three speakers who were recommended by members. In fact our last two speakers this year are from recommendations of club members. This might be considered teamwork in action.

There is something about bananas....

Botanically speaking, the banana is a herb and the tomato is a fruit. Bananas are the world's most popular fruit after tomatoes. In western countries, they could account for 3% of a grocer's total sales. Bananas consistently are the number one complaint of grocery shoppers. Most people complain when bananas are overripe or even freckled. The fact is that spotted bananas are sweeter, with a sugar content of more than 20%, compared with 3% in a green banana.

Approximately 44 million tons of bananas are produced annually, compared to more than 60 million tomatoes. Apples are the third most popular (36 million tons), then oranges (34 million tons) and watermelons (22 million tons).

SIR Branch 150 Xmas Holiday Gala Event December 20, 2006

Great Entertainment

Magic Show
Harpist Performance

Great Menu

Prime Rib
Chicken Marcela
Baked Fresh Salmon

All for just \$20!!!!

Tickets go on sale at the October luncheon

TRAVEL & EVENTS

All SIR members are welcome to go on any trip with other branches when space is available. Put a little joy in your life traveling with your old and new friends on a sirs trip. For detailed information contact John Galik at 366-0195

A Garbeau's Christmas Dinner and Play



Date; Thursday December 14, 2006
Seating: 6- 6:30pm Play at 8:00pm
Cost: \$41.18 per adult

Includes: entree, non-alcoholic beverage,
dessert, sales tax and gratuity
Deadline: November 28, 2006
John Galik 916-366-0195

GOLF NEWS

Call Harold Doppelmayer at 922-6134 or his assistant John Sigl at 362-2429 if you have questions or concerns. Tournament sign-ups are available at each monthly luncheon and at all tournaments.

Cordova Golf Course

Weekly Tournament Play

Every Friday except the last Friday of the month.

Sign-up when you show up

End-of-Month Scramble

Every last Friday of the month.

Prior sign-up required

Note Schedule
Change for
Bing Maloney

Away Tournaments

October 4 th	Bass Lake	November 6 th	Alister Mackenzie **
October 24 th ***	Bing Maloney	November 21 st	Wild Hawk

*** Note Schedule Change
** Capitol City Cards must be up-to-date

New fee structure for the city tournaments

Bing Maloney and Bartley Cavanaugh- Carts will be optional. I will collect the green fee and the prize fee only. Each player will, if they choose to ride, pay the cart fee. **Alister Mackenzie-** Since the cart fee and green fee is bundled. Each golfer will pay their own fees. The only fee I will be collecting for Alister Mackenzie will be the \$6 for the prize fund.

NCGA fees

NCGA fees will be collected starting in October. They have increased by \$5 making the total price \$30. New members will pay \$40. \$10 when they first join and \$30 when the bill comes in January.

BRIDGE NEWS

For detailed information related to bridge meetings and schedules, contact Chairman John Mahony at 485-2449

In September we had four tables of bridge.

The winners were as follows:

1st - Bob Miller	3rd - Roger Gaugler
2nd - Laverne Mahony	4th - Joanne Martin

Tom Bittner will be in charge of October bridge.

Some Food for Thought

- If a soup or stew is too salty, add raw cut potatoes. Discard them after they have cooked - they will have absorbed the salt.
- To avoid 'onion eyes' peel under cold water or refrigerate (or freeze) before chopping.
- Sunlight doesn't ripen tomatoes, warmth does. Store tomatoes with stems pointed down and they will stay fresher, longer.
- Meat loaf will not stick if you place a slice of bacon on the bottom of the pan.
- Remove fat from soups and stews by dropping ice cubes into the pot. The fat will cling to the cubes as you stir. Take out the cubes before they melt. Or you can also wrap the ice cubes in cheesecloth or paper towel and skim over the top of the pot. Fat also cling to lettuce leaves.
- For fluffier, whiter rice, add one teaspoon of lemon juice per litre (quart) of water. To add extra flavor and nutrition to rice, cook it in liquid reserved from cooking vegetables.

FISHING NEWS

Monthly Breakfast Meetings: Jolly Hookers meet at Folsom Elks on the 2nd Friday at 8:00 AM. Wheels & Reels meet at Coco's Restaurant on the 3rd Monday at 8:00 AM. If you are a fisherman and want to enjoy like company, why not join us for breakfast. For more information, contact Bob Bonner at 961-5403

The SIR Jolly Hookers fishing club is looking for a few good men! Fishermen, that is. October 10 is the next derby at Pardee Reservoir. October 17th we will be fishing for salmon on the Sacramento River. October 30 will be the excursion to Eagle Lake.

September derby and non-derby events were great fun. Good fishing, beautiful scenery, good weather and good food. Everyone has their own special techniques. The competition, the camaraderie with fishing friends is rewarding and well worth the effort. A whole lot better than honey-dos. Maybe you are one of the Few Good Men.



Leon Vann after a good day of rock fishing

MEMBERSHIP NEWS

For detailed information contact Jim Rae at 967-4951. Printed rosters are available at the monthly meetings or an electronic copy can be requested from jamesrae@earthlink.net.

Changes for June

Added Members: Mel Odemar
Dropped Members: Bryce Jones
Transferred to Inactive: Norm Benz & Mike Schuering

We now have 104 active members and 19 inactive members for a total of 123.

Note: If you are bringing a guest to the luncheons, please let your caller, or Communications Chair, Bob Neubacher (685-7528) know for our lunch count. For membership applications, call Jim Rae

Fun Stuff

The first person to provide the correct solution will receive a prize at the September meeting. Send your answers by e-mail to Bob Carlstroem at bcarl@surewest.net or mail to 7990 South Lake Cir., Granite Bay, CA 95746. Last month's puzzle was solved first by John Sigl. Honorable mention goes to correct solutions by Skeeter Regan and Jim Rae.

Who is Telling The Truth

You are put in a room with four doors. Behind two of the doors are fishermen (one fisherman behind each door). Behind the third is a bridge player. Behind the fourth is a golfer; if you manage to open the golfer's door you will be awarded a full day listening to Jim Rae's jokes. On each door is a number and a plaque. You have been assured that the door leading to the golfer has a plaque that tells the truth, and that the doors leading to a fisherman have plaques that lie. You are not told whether the plaque on the door leading to the bridge player is a lie or the truth. The following are the door numbers and corresponding plaques

Door 1	Door 2	Door 3	Door 4
If a fisherman waits behind Door 3, then the golfer waits behind Door 4.	If the golfer waits behind Door 3, then the bridge player waits behind Door 1.	If the bridge player waits behind Door 4, then a fisherman waits behind Door 2.	If a fisherman waits behind Door 2, then the golfer waits behind Door 3.

Which door should you pick?

Extra Credit

After a typist has written ten letters and had addressed the ten corresponding envelopes, a careless mailing clerk inserted the letters in the envelopes at random, one letter per envelope. What is the probability that exactly nine letters were inserted in the proper envelopes?

September Solution

4	7	8	1	9	3	5	6	2
2	9	1	8	6	5	4	7	3
6	3	5	4	7	2	8	9	1
8	1	7	6	2	4	9	3	5
9	2	4	5	3	7	1	8	6
5	6	3	9	1	8	7	2	4
3	4	6	7	8	1	2	5	9
7	5	9	2	4	6	3	1	8
1	8	2	3	5	9	6	4	7

Bob Carlstroem, Editor
7990 South Lake Circle
Granite Bay, CA 95746

Honored Members

Past Big Sirs

1989	George Erkson *
1990	Jim Eastlund
1991	John Mahony
1992	Lou Parton *
1993	Ken Allard
1994	Ruel Smith
1995	Bill McCarthy *
1996	Tom Wirth
1997	John Means
1998	Jim Delk
1999	Bob Smith
2000	Bob O'Neal
2001	Lou Joaquin *
2001	Joe Ramay
2002	Bob Trathen
2003	Jim Rae
2004	Len Bloom
2005	Don Severance

* Deceased

Birthdays

Shumann	Edward A	1-Oct
Conyers	John A	2-Oct
Regan	Armond D	2-Oct
Clausen	George R.	7-Oct
Dodge	Jim	8-Oct
Casillas	Al	11-Oct
Conner	John L	13-Oct
Kennedy	Earl	21-Oct
Caudle	Charles	22-Oct
Hatfield	Gary L	22-Oct
Morrison	Roy A	22-Oct
Lauther	Richard C	29-Oct

Other Birthdays

Jimmy Carter	01-Oct-1924
George "Spanky" McFarland	02-Oct-1928
Vladimir Putin	07-Oct-1952
Chevy Chase	08-Oct-1943
Michelle Wie	11-Oct-1989
Paul Simon	13-Oct-1941
Carrie Fisher	21-Oct-1956
Annette Funicello	22-Oct-1942
Richard Dreyfuss	29-Oct-1947

Honorary Lifetime Member

John Mahony	2001
Jim Eastlund	2002

NON RESPONSIBILITY DECLARATION: All activities arranged for or by, or sponsored by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities. (Rule 345).

PAYMENT FOR TRIPS AND TOURS: Checks, money orders or credit cards for Travel for one day or less (no overnight), where a bus/busses is/are used as the primary means of transportation, may be made payable to the Branch sponsoring the event. All other checks, money orders or credit cards for travel must be made payable to the travel agency. (Rule 420 & 421).

ATTENDANCE: Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the Branch locale. (Rule 60). **REQUIRED ATTENDANCE** - A member who misses three (3) consecutive meetings or who attends less than six (6) regular meetings of the last twelve (12) luncheon meetings may be notified, by letter, of the pending termination of his membership in SIR. (Rule 100 & 107).

